

**RYDE
ATHLETICS
CENTRE
INCORPORATED**



**2007/2008 SEASON
ANNUAL REPORT**

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ABN: 99 850 553 401

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Ryde Athletics Centre Incorporated - formed in 2000

LIFE MEMBERS

Sharon Aldridge	Sharon Dewar (née Read)	John Mills
Margaret Atkinson	Will Devjak	Roslyn Mitchell (née Cramp)
Andrew Atkinson-Howatt	Tony Fernandes	Betty Moore
Nancy Atterton	Ross Forster	Coral Read (née Hellyer)
Bruce Brown	Miriam Fogliani (née Spitteler)	Julie Reynolds
Graeme Cameron	Peter Graham	Judy Scott (née Murray)
Margaret Chappell	Warren Gray	Rita Shield
Phil Cossell	Kurt Hansen	Gaye Shuttler (née Woolley)
Alain Corne	Andrew Jackson	Desleigh Spitteler
Diane Corne	Rachael Jackson (née Massey)	Reg Tarte
Lynette Cox (née Hill)	Keith Johnson	Mary Thomas
Lorraine Crews (née Morgan)	Adrienne Kinna (née Bouffler)	Ian Trimble
Bob Crawford	Anne Masing	Ruth Trimble
Dorothy Cubban	Glen McCarthy	Glyn Whalan
Merv Davies	Suzette McFarlane (née Sames)	Colleen Wilson (née Hill)
Margaret Davies	Yvonne Melene (née Godfrey)	Kay Williams

PATRON

Betty Moore

PUBLIC OFFICER

David Lewis

DIRECTORS

Ross Forster	Ann Arnott
Ian Trimble	Keith Johnson
David Lewis	

JUNIORS REPORT

DIRECTORS' REPORT:

Through our affiliation with LANSW and ANSW, we have again been able to offer athletics to all ages. Your annual report is full of the success and achievements of our athletes from our junior and senior divisions.

Our athletes took full advantage of the many carnivals offered. Despite the wettest string of Saturday mornings for a long time and everyone being out of town on our registration day, which was on APEC holiday weekend, our athletes had a lot of fun and many friendships have been made. We thank our athletes for the spirit in which they competed and our committees, coaches, officials and helpers for their support and assistance.

Your centre is run by two dedicated volunteer committees that look after our Junior and Senior divisions.

Once again, our Junior division has sponsored free dual registration for any under 13 to 15 athlete that wanted to be able to compete in both LANSW and ANSW competitions. This initiative has been greatly appreciated by Seniors and helps integrate the cross-over years. While LANSW now accepts registrations up to U17s, we have, for several years, provided for up to U18s in our Saturday morning competition through our seniors division. The U17 athletes can now be dual registered with LANSW.

One formal directors' meeting was held this year to coordinate between juniors and seniors. It was attended by all directors and Ron Daniel, the President of juniors, Carl Casaclang, one of our seniors coaches and Kate Kelland, secretary and registrar of juniors.

Ann Arnott, Ross Forster, Keith Johnson, David Lewis and Ian Trimble.
Directors.

JUNIORS REPORT

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COMMITTEE MEMBERS - JUNIORS

PRESIDENT	Ron Daniel
VICE PRESIDENT	Peter Peters
SECRETARY	Kate Kelland (caretaker)
TREASURER	Robert Jukic
REGISTRAR	Kate Kelland, Ian Trimble
CHAMPIONSHIPS	Jim Tzakos
AGE MANAGERS	Robyn Dagwell
PUBLICITY	vacant
RESULTS	Linda Talty
OFFICIALS	David Sunderland
TRACK and FIELD	Peter Peters
(Track)	David Lewis
(Throws)	Charlie Parker, Julie Reynolds
(Jumps)	Bernadette McGuire
OFFICIALS DEVELOPMENT	David Sunderland
COACHING	Doug Russell
EQUIPMENT	Simon Bergfield
CANTEEN & BBQ	Connie Salat, Margaret Atkinson
FIRST AID	Girvan Malcolm
DELEGATES	Julie Reynolds
	Glyn Whalan
	Anne Masing
SOCIAL ACTIVITIES	Julie Reynolds
UNIFORMS	Karen Lowe, Victoria Newstead

AGE MANAGERS – JUNIORS

TINY TOTS	Jackie Grimes
6B	Stephen Latham
6G	Laurel & John Kong
7B	Mike Webb
7G	Simon Grace & Keith Grimes
8B	Patrick Rice
8G	Con and Adriana Mestousis
9B	Marc Ridey
9G	Jennifer Jenkins
10B	Ian Collyer
10G	Mira Jukic
11B	Norman Cai
11G	Patrick McConnell
12B	Glenn Gallagher
12G	Louise Bergfield
13B	Girvan Malcolm & Felicia Riviezzi
13G	Jenny Rodgers
14B & 15B	Jim Williams
14G & 15G	Doug Russell

CAPTAINS - JUNIORS

BOYS	Oliver Wenderski
GIRLS	Stephia Hill

JUNIORS REPORT

TREASURER'S REPORT (Juniors)

I would like to thank the members of the committee for all of their assistance throughout the year. I'd especially like to thank Margaret Atkinson and Kate Kelland for stepping in whenever I was away, to ensure that all of the deposits were taken and cheques written. I'd also like to thank Ron Daniel once again for all of the work he has put into the club throughout the year, and of course for the support he has given to me.

We had quite a few highlights this year, most notably we hosted the Zone carnival again this year. Also due to Ron's initiative and effort we secured a \$3000 dollar grant from the federal government that went to towards much needed upgrades to canteen & BBQ equipment as well as other equipment.

In terms of registration numbers, we were well down on last year's numbers. This was expected and budgeted for accordingly. At year end, registration numbers were slightly ahead of the budget and we ended the year exceeding our budgeted registration revenue by \$2578.

This years Zone carnival was a success in terms of the organisation and great results for Ryde. Financially things were not as good as 2005/2006. Overall we ended up with a small profit of just under \$1400.00. This was a disappointing result considering the effort that was put into the running of the carnival. The revenue for Zone carnival in 2007/2008 was almost identical to 2005/2006 but this year our expenses included coffee carts and a sno cone cart which cost the club nearly \$4000.

Combined the canteen and barbecue also did well, even with the wet weather, contributing \$6226.85 to the club, which was \$1226.00 over budget.

Overall we exceeded our budgeted income by \$ 1,750.94

Our expenditure this year came in under budget, mainly due some budgeted items not being taken up.

This year also sees a large accrual for the council hire fees as the City of Ryde is yet to invoice the club.

With all of these items combined, we will have a healthy start to the 2007/2008 season with about \$28,213 in the bank. I would like to thank the committee members for assisting in the responsible financial management of the club throughout this year.

Thank you once again to Ryde-Eastwood Leagues Club for providing a meeting room for our monthly meetings at no charge.

Robert Jukic
Treasurer (Juniors)

JUNIORS REPORT

Junior Division accounts for the season 2007/2008

Income	Current	Previous	Expenditure	Current	Previous
Registrations	\$ 32,147.90	\$36,180.00	Registrations	\$ 13,069.00	\$14,480.00
Uniforms	\$ 10,363.00	\$13,676.00	- Dual Registration Seniors	\$ 500.00	\$ 540.00
Canteen	\$ 5,688.17	\$ 8,430.06	Uniforms	\$ 11,737.20	\$16,411.45
BBQ	\$ 9,230.82	\$12,955.41	Canteen	\$ 4,403.11	\$ 6,400.09
Zone Canteen & BBQ	\$ 11,395.60	\$ -	BBQ	\$ 4,289.03	\$ 5,884.31
2nd hand uniform donations	\$ 175.00	\$ 150.00	Zone Canteen & BBQ	\$ 11,362.86	\$ -
				\$ -	
Donations / Grants	\$ 3,000.00	\$ 189.40	Advertising	\$ 140.80	\$ 1,230.05
Bank interest	\$ 200.45	\$ 8.70		\$ -	
Equipment Hire	\$ 2,130.00	\$ 2,145.00	Catering	\$ 215.05	\$ 452.26
Ryde Games Entry Fees	\$ 60.00	\$ 140.00	Competition Fees	\$ 1,423.00	\$ 567.50
				\$ -	
			Conference Attendance	\$ 997.36	\$ 1,023.74
			Donations	\$ 100.00	\$ 290.50
			Equipment (Capital)	\$ 6,522.85	\$20,215.84
			Equipment (Consumables)	\$ 239.40	\$ 281.56
			Hiring Deposits (should be zero)	\$ -	\$ 100.00
			Government Charges	\$ 43.00	\$ 42.00
			Hall Hire	\$ 150.00	\$ 399.97
			Hire of Dunbar Park	\$ 4,200.00	\$ 3,878.00
			Insurance - equipment		\$ 86.68
			Postage	\$ 235.50	\$ 358.30
			Printing & Stationery	\$ 2,472.37	\$ 2,126.29
			Repairs & Maintenance	\$ 385.00	\$ -
			Ribbons & Trophies	\$ 4,790.55	\$ 4,684.85
			Sundry Expenses	\$ 604.39	\$ 306.05
			Training Expenses	\$ 863.62	
			Total Expenditure	\$ 68,744.09	\$79,759.44
			Plus net income	\$ 5,646.85	-\$ 5,884.87
Total income	\$ 74,390.94	\$73,874.57		\$ 74,390.94	\$73,874.57

Canteen & BBQ

Event	Canteen	BBQ	Total
Coca Cola Rebate	\$565.00		
ryde games	\$614.05	\$615.70	\$1,229.75
17 Saturday mornings	\$4,509.12	\$8,615.12	\$13,124.24
Total takings	\$5,688.17	\$9,230.82	\$14,918.99
Less costs	\$4,403.11	\$4,289.03	\$8,692.14
Total profit	\$1,285.06	\$4,941.79	\$6,226.85

ZONE

Zone Canteen & BBQ	\$5,990.51	\$6,389.30	\$12,379.81
Less costs	\$5,792.11	\$5,192.31	\$10,984.42
	\$198.41	\$1,196.99	\$1,395.40

Stock on Hand

drinks	\$ 313.00
lollies	\$ 536.72
Total stock on hand	\$ 849.72

Canteen Equipment \$ 4,517.75 (replacement value)

JUNIORS REPORT

Bank Statement Reconciliation

Bank statement as at 01/04/07	\$ 25,079.77
less last year's unrepresented cheques	-\$ 2,512.80
plus last year's unrepresented deposits	\$ -
plus net income	\$ 5646.85
plus unrepresented cheques this year	\$ 9,150.00
less unrepresented deposits this year	-\$ 350.64
gives bank statement 31/03/08	\$ 37,013.18

Available Funds	<u>Current</u>	<u>Previous</u>
Bank statement as at 01/04/08	\$37,013.18	\$ 25,079.77
less unrepresented cheques	-\$ 9,150.00	-\$ 2,512.80
plus unrepresented deposits	\$ 350.64	\$ -
Gives funds available to start next season	\$28,213.82	\$ 22,566.97
Uniform Stock:		
Uniform stock as at 31/3/2008 (est)	\$15,310.00	\$ 13,233.00
Canteen Stock:		
drinks	\$ 313.00	\$ 54.42
lollies	\$ 536.72	\$ 263.01
Total stock on hand	\$ 849.72	\$ 317.43
Canteen Equipment: (replacement value)	\$ 4,517.75	\$ 3,348.90
Donations Received:		
DFACS Grant	\$ 3,000.00	
	\$ 3,000.00	\$ 8.70
Donations Given:		
Westmead Childrens Hospital	\$ 100.00	
	\$ 100.00	\$ 290.50

Robert Jukic
Treasurer (Juniors)

JUNIORS REPORT

22 High Street
Wyee Point NSW 2259

Friday, 9th May, 2008

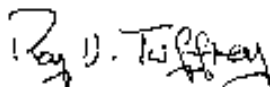
The Directors
Ryde Athletics Centre – Junior Division

AUDIT CERTIFICATE

I have examined the accounts of the Ryde Athletics Centre – Junior Division in accordance with Australian Generally Accepted Auditing Standards for the financial period 1st April 2007 through 31st March 2008 inclusive.

All relevant books and documents were made available to me for the purpose of this audit.

In my opinion the statements of accounts and the notes attached thereto for that period represent the fair and true financial position of the entity.



Roy V. Tuffrey
Chartered Accountant.

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PRESIDENT:

We had what can best be described as an up and down kind of year in 2007 and 2008. Slightly reduced numbers, regular wash outs, a superb Zone carnival, which too ended in driving rain, thankfully after the competition had ended, a regional carnival that was an organisational fiasco, and then a strong finish at State Carnival.

The season got off to a shaky start with reduced enrolments due to the timing of the APEC conference. Unfortunately, the belief is common that if registration day is missed, then you cannot join for the season. We all know that this is not the case for Athletics, but new memberships were affected by the enforced long weekend of APEC. We still, however, managed to exceed 400 memberships this year. Our registrar's report gives a detailed analysis of the numbers by age group. I am pleased to report that re-registrations were again strong this year, proving that we run an attractive and fun activity on Saturday mornings.

Once again this year, we saw a number of records being broken. They say that records are meant to be broken, but this in no way detracts from the outstanding achievements of our record breakers this year. As each year goes by and new records are set, they become increasingly difficult to improve upon. The direct result of many hours of training and practice can yield a PB which turns out also to be a record breaking performance. When this happens, the athlete can pride themselves in the fact that at that point in time, they were the fastest, jumped or threw the furthest or jumped the highest in the history of our club. With all of the adult help behind them, when the gun goes, or the tape is laid, it is their performance that is on the line and their efforts only that are rewarded with this special moment. Congratulations to all of our new record breakers from this season.

Of course many athletes achieve many personal bests week in and week out at Little Athletics. Our regular program of personal bests and the issue of achievement patches was very active this year with 20 athletes receiving the coveted blue patch. In particular, I am delighted to announce that for the first time in the more than 35 year history of the club, one of our athletes, Patrick Kelland, in the Under 13 boys achieved 14 blue levels and 1 red level, just missing out by 0.1 of a second for a clean sweep. Our achievement levels get more difficult to achieve as athletes get older, primarily due to changing body shapes and athletes beginning to specialize in certain events. So, to achieve this level of performance across the full range of 15 events is truly remarkable.

With regards to the organisation and running of our club, a special congratulations must go to Jim Tzakos, our new Championships Officer. Jim has jumped into this job with both feet this year and done a superb job. Jim's report will highlight to you the outstanding performances of Ryde Athletics members in the 2007-2008 season - in particular the details of medals and many big PBs that our members achieved at State Carnival.

We pride ourselves on responsible financial management at Ryde Athletics. We continue to have a healthy bank balance even after investing again in additional equipment for our athletes. Our efforts this year were also boosted via a \$5,000 grant that we won from the Federal Government Volunteer Equipment Grants Scheme. These funds were directed into the purchase of a long life, stainless steel barbecue and some additional sun cabanas.

Again, we are indebted to many people whose efforts this season have driven our club to the successes of the season, often in the face of challenges from the rained out weekends. In particular, thank you to:

- All of our age managers for their leadership, initiative, encouragement, support of their age groups. You are the most visible adult helpers to all of the athletes each week and your dedication and achievements keep them coming back week after week.
- Our weekly coaching staff for their unflinching efforts and commitment to the development of our athletes.
- Connie Salat and Margaret Atkinson for your efforts in the Canteen & BBQ. In particular, the work you did to make our Zone carnival so successful was just outstanding.
- My fellow committee members for their usual unwavering support and efforts.
- All the parents out there who help out as officials by running events, organising equipment and hopefully having fun themselves on Saturdays.
- The new parents who have accepted nominations for roles with the committee for the coming season. We hope to continue the blend of experience and new faces for the new year.

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- The local schools for their patronage and support.

Once again, I bid our retiring 15 year old athletes farewell from our junior division. To each and every one of you, I congratulate you on your achievements whilst at Ryde Juniors and wish you the best of fortunes in your sporting, educational and vocational endeavours. Wherever they may take you, always remember to try and achieve your personal best!

Our sport is different to most in that parent involvement drops away as athletes move away from Little Athletics. We are faced with the continual need to bring new people into the fold and hand over the administration, operation and management of the club. We implore all parents to put their hand up and chip in by volunteering their services as much as they can. With more helpers involved each job is smaller and easier to get done. We are in special need this coming season to encourage as many as possible to help out by doing something at the committee level. We have a number of roles currently being carried out by parents whose children are reaching the end of their eligibility as little athletes and it is high time for the baton to be passed on to others. If you feel you can help out somewhere, then please give us a call.

Congratulations to all the athletes for the season past and thank you to all for your patience and perseverance through the season. We hope that our program of school hires in the off season, coupled with an improved advertising program and the visibility of the Beijing Olympics, draws more athletes and their families to our club, our sport and our fun.

Ron Daniel
President (Juniors).

PUBLICITY:

(position vacant - no report)

SECRETARY:

(position vacant - no report)

CANTEEN:

Well, it's been a tough year this year with bad weather necessitating last-minute cancellations and all that entails in the storing of fresh meat and selling-off of bread. Then there was the mammoth task of the Zone Carnival and the huge logistical challenge that entailed. But we met the challenge and succeeded in once again providing a great venue for this terrific carnival. This was thanks to the wonderful people who volunteered their time and "can-do" attitude – not only parents but also our senior girls and boys who came to the rescue for the last few hours.

Connie Salat, I'd particularly like to thank you for taking on the role of Canteen Manager for the first half of the season and imparting fresh ideas. Karen Lowe, a big thank you to you for standing in for me on several occasions in the last half of the season, particularly, when I hurt my back. Your kindness and friendship are treasured.

Once again I have to give thanks to our Treasurer, Robert Jukic, and our President, Ron Daniel who stepped in as regular chefs and servers. David Sunderland, thank you for rounding up the volunteers for me. Thank you to all the other regular and occasional volunteers for making this year such a success. Our lovely new barbecue took a bit of getting used to, but it's been great to reduce the amount of smoke we've had to endure and increase our productivity.

To improve the availability of helpers, it is proposed to bring back the Volunteer Roster. Five volunteers will be rostered on from one age group each week. We'll publish it on the notice board and through the Age Manager network, so look out for that next season.

I'd like to acknowledge the great personal service and quality of the meat from McDonagh's Meats at Midway.

To all the parents and friends of the Club, thank you for your support. Without the funds raised by the Canteen and BBQ, the club would be unable to provide many of the facilities that we enjoy and that make our club one of such high standards. Sadly, this is my last year in this role and as a Committee member – so Position Vacant... CANTEEN MANAGER.

Please refer to the Treasurer's Report for the income figures.

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Margaret Atkinson
Canteen Manager (Juniors).

TRACK & FIELD:

Thank you to all the parents and athletes who arrived on time each Saturday morning this season. This is the third year in a row that we have made a deliberate attempt to begin each Saturday morning on time with warm up and stretches at 8:15am followed by the normal program of events commencing at 8:30am (excluding the 1,500m in Week 1 & the 3,000m in Week 2 which are run at 8:15am & 8:00am respectively). This has allowed us to complete our competitions each Saturday morning around 11:00am, excluding the walks and javelin in Week 2.

While we lost a record number of weeks this season due to wet weather, the ground certainly benefited from the extra rain. In my 10 years or so with the club I have never seen the ground look as good as it did this season. The Zone carnival held in December certainly showcased our ground to all the other clubs in our Zone. Another positive was the successful trial of our new Wet Weather program. This will allow us to run a modified number of events in future seasons when there is light rain around and it is still safe to compete. As a result athletes that do turn up on wet Saturday mornings will be able to compete in at least some events and earn valuable points towards year end Age Championship placings. I would like to thank our Registrar, Kate Kelland, for suggesting this concept.

A special thank you must also be given to all those parents who were there every Saturday morning helping out. Without your help we would not be able to run the track and field events so smoothly and give our athletes the opportunity to be successful in their chosen events.

I would also like to congratulate all the athletes on their great efforts throughout the season and special congratulations to those that competed at Regional and State Championships as individuals and teams.

Finally, while it has been a pleasure being the Officer for Track and Field again this season, I am conscious that after over 10 years with the Club my time is nearing an end. My two children, Andrew and Paulina, will be competing as Under 15 & Under 13 year olds next season. In order to ensure a smooth transition of this role, I would welcome any parent of an athlete in one of the younger age groups that has an interest in being the Officer for Track and Field in the future to let me know. I will still be around for a couple of seasons, however this will allow for a smooth handover to occur.

Peter Peters
Officer for Track and Field (Juniors).

REGISTRAR:

Our 35th season saw 402 new and returning little athletes, down from 452 registrations in 2006-07. We also dual-registered 25 of our u13 – u15 athletes, providing ANSW registration for those interested in competing as Ryde Seniors.

Comparison with past seasons' figures:

Season	Girls (%)	Boys (%)	Total
1998/99	162 (47.4)	180 (52.6)	342
1999/00	221 (50.1)	220 (49.9)	441
2000/01	220 (48.3)	236 (51.7)	456
2001/02	218 (48.8)	229 (51.2)	447
2002/03	233 (46.1)	272 (53.9)	505
2003/04	189 (48.1)	204 (51.9)	393
2004/05	248 (52.7)	223 (47.3)	471
2005/06	202 (50.6)	197 (49.4)	399
2006/07	251 (55.5)	201 (44.5)	452
2007/08	206 (51.2)	196 (48.8)	402

JUNIORS REPORT

The breakup of these registrations is:

	Girls			Boys			Age	All		
	Re-Reg'n	New	Total	Re-Reg'n	New	Total	Total	Re-Reg'n	New	Total
Tots	2	10	12	6	17	23	35	8	27	35
U6	5	13	18	5	13	18	36	10	26	36
U7	16	7	23	14	11	25	48	30	18	48
U8	16	8	24	12	15	27	51	28	23	51
U9	12	9	21	11	10	21	42	23	19	42
U10	12	6	18	12	7	19	37	24	13	37
U11	17	7	24	11	5	16	40	28	12	40
U12	19	3	22	10	1	11	33	29	4	33
U13	21	1	22	13	5	18	40	34	6	40
U14	14	2	16	8	3	11	27	22	5	27
U15	5	1	6	6	1	7	13	11	2	13
	139	67	206	108	88	196	402	247	153	402

It was an interesting and challenging year for Registrations, with the introduction by the Association of a new Registration system. This system allows athletes to register and pay by credit card online and will continue to be used in the future. Once again, I was most fortunate to have had Ian Trimble's assistance this year. Ron Daniel also occupied many hours of his time to produce the letters and pre-printed forms used in the registration mail out. Special thanks to Debbie Loo who came to help even though her children did not register this year, and to all of the Committee members and their families for their help on Registration Day and throughout the season.

Registration Procedures for the 2008-09 Season

The preferred method of registration from next season will be **online registration**. An email has been sent to all families providing you with the logon, password and instructions to access the system. This method allows you to register and pay by credit card. Alternatively, you can register online but pay by cash or cheque in person and avoid the \$5 credit card fee. We will also send a reminder email (around start of August) with instructions to advise when the online system is available to accept 2008-09 registrations.

The online system relies on athletes keeping their personal data up to date, which then enables us and the Association to communicate with families via the email addresses provided. It is imperative that we have accurate data and contact details in the system to let us advise you of upcoming events, registration days, presentation days and competition information – it is often the only way to contact everybody quickly, and it will be our primary method of contact, so please remember to keep these details current.

If you would prefer to download and complete the registration forms from our website, you can also **register by mail** from **1st August – 3rd September**. As mentioned in last year's registration mail out, we will not be posting pre-printed forms, but we will put blank registration forms on our website for you to print, complete and post back to us.

We will still conduct **Registration Day** on **Sunday 24th August 2008** from 10am to 2pm at the Scout Hall in Agincourt Rd., where uniforms will be available and books and numbers can be collected if we have already received your registration online or by mail.

Please note, although the system is online, we do not have internet access at the track or at the scout hall so please register before 5pm on the day prior to collecting your books and numbers – then we will know to expect you and we can have your books and numbers ready for you!

JUNIORS REPORT

Whether registering online, by mail or in person, please register before the start of the season to make the process easier for you and also to resolve the congestion which occurs on those first Saturdays of the season when we try to conduct events and register athletes concurrently.

There will be more information about these registration options later in the year on the website. Visit www.ryde-athletics.org.au early in August to obtain further details.

I hope to see you all again next season – especially the current U 15's who can register as Ryde Seniors next year, and join us again each Saturday morning to compete!

Kate Kelland
Registrar (Juniors)

AGE MANAGERS:

2007-8 saw a committed group of age managers and their assistants once again give our young athletes some great opportunities for fun, friendship and skills development. There are many worthwhile roles assisting with your child's athletics but one of the best is as an age manager. The age manager has the week by week privilege of seeing young athletes learn new skills and better their performances, as well as being able to monitor their own child's progress. Each week they record their group's results and can feel satisfaction in the improvements of the athletes whether it be a well earned personal best or a club record.

This year there were several new age managers particularly in the younger age groups and they worked hard to get to know their athletes and the system of merit awards, State relays and zone carnival. It is especially satisfying to see those age managers who have been with their group for several years enjoying the achievements and growing maturity of their athletes. The more experienced were also able to share their advice with the others. I would like to particularly thank Keith Grimes and Simon Grace for their continued development and improvement of the athletes' results spreadsheet which has made choosing merit awards so much easier for many of the age managers.

This season we faced a few challenges including the high number of washed out Saturday programs and I appreciated the patience and good humour of those who lived with ever changing dates and deadlines. We also had a couple of age groups which had to change age managers during the season or which had difficulty actually getting an age manager in the first place. The parents who volunteered their time at short notice or banded together to take on various jobs deserve special mention.

One of the most important factors in a successful season of Little Athletics is parent involvement. The age managers and their assistants for 2007-8 are to be congratulated for their important contribution. Without them and all the other parent officials there would be no Saturday competition. If you have the opportunity in the future to help as an age manager it will be a rewarding job. My thanks to the hard working group of age managers this season!

Robyn Dagwell
Officer for Age Managers (Juniors)

RESULTS:

Due to the wet weather weekends this season, we only had 15 weeks of competition to process through our system. 377 athletes from under 6 to under 15's competed in 3,435 events. We entered 21,738 results for these events, with our athletes scoring a combined 4,201 personal bests, and 47 equal personal bests. This is over 11 personal bests per athlete over the season so congratulations must go to all athletes.

There were 9 records set this season and these are detailed elsewhere in the report. We also saw 12 children receive blue patches throughout the season.

Whilst the computers are getting old, they are still able to process the information reasonably well, although backing up the system seems to take longer, the longer the season goes. We have been talking to other clubs about the way they use the system and have some new ideas and reports which

JUNIORS REPORT

can help us in the running of the club for next season. We were also able to sort out the points system with the computer this year which made the job of determining the age championships much easier.

Thank you to all the age managers for their help this year and all of the committee for their help this year and for an overall job well done.

COACHING:

Training was conducted on Mondays & Wednesdays throughout the season whenever the weather permitted. The rewards from training were evident with numerous PBs, records & representative appearances from the athletes who attended regularly.

State relay training was unfortunately interrupted by the weather resulting in only 1 full Saturday morning practice this year.

Many thanks to all our regular coaches (Julie, Julie-Ann, Simon, Noel & David) & those who helped out for State relays.

Doug Russell
Officer for Coaching (Juniors).

EQUIPMENT:

This season there has been a reasonable outlay on the purchase of new equipment.

A number of equipment items were purchased during the season, i.e.

- Infrastructure
 - Two large folding cabanas
 - Ten two-way radios
- Competition equipment
 - Fifteen new hurdles
 - Miscellaneous - 5kg shotput, Various Measuring tapes
- Tots equipment
 - Two Wheelie bins to transport equipment
 - Additional items

Items of equipment that require replacement or repair are:

- High Jump Bases
- High Jump Uprights
- Javelins

The club also donated one set of the old high jump mats to Ermington Public school.

Simon Bergfield
Officer for Equipment (Juniors)

CHAMPIONSHIPS:

For the 2007/08 season the position for Championship Officer was carried by Jim Tzakos. There were a number of championship carnivals in which our athletes competed and achieved excellent results across all events in both track and field.

RYDE GAMES

Ryde Games is a centre-based competition held under the umbrella of the Ryde Sports Foundation. It is a pentathlon event with a point score culminating in medals being presented for the first three places in each age group. The Games is open to Ryde athletes as well as athletes from other centres.

STATE RELAYS

The State Relays are the biggest State-wide carnival on the Little Athletics calendar. It provides the opportunity for our athletes to compete against the best from other centres in a relay format. Ryde entered a total of 33 teams (20 junior ages 8 to 11 and 13 senior ages 12 to 15) into the State Relays which was held on the weekend of 24th to 25th November 2007.

Overall, the Ryde Centre achieved excellent results across the weekend.

JUNIORS REPORT

Medallists were:

BRONZE

12 Boys Long/High

Scott Machin, Nicholas Kelland, Cameron Pappas, Luca Vignando

BRONZE

12G Long/High

Paulina Peters, Danielle Jenkins, Nicole Noga, Sachi Kayama, Maddy Bergfield (R)

In addition, Ryde achieved a total of 12 top 8 placing for the carnival.

ZONE CARNIVAL

The Zone Carnival was held on the weekend of 15th, 16th & 17th of December 2007 at Dunbar Park and Barton Park. The Ryde club had 185 athletes competing. Of these athletes 68 athletes finished in the top 4. It is worth noting that every age group was represented in the top 4 finishers. Congratulations to our U7 athletes who completed their Championship competition at Zone level. Outstanding results from our U7s were:

Sam Armson	- Long Jump (4 th)
Lachlan Harper-Ross	- 50m (1 st), 70m (2 nd), Shotput (1 st)
Chris Maguire	- 200m (2 nd), Pack Start (3 rd)
Jonathan Michalopoulos	- Shotput (4 th)
Sophie Collyer	- Long jump (3 rd), 100m (1 st)
Claudia Jenkins	- Long Jump (4 th), Shotput (3 rd)
Olivia Jenkins	- Discus (3 rd)
Julia Kelland	- Discus (2 nd), Pack Start (4 th), Shotput (2 nd)
Kiera Simula	- 50m (4 th), 70m (4 th), Pack Start (3 rd)
Leanne Tay	- 50m (3 rd)

REGIONAL CARNIVAL

The regional carnival was held on the weekend of 16th & 17th February 2008 at Blacktown Olympic Park, Blacktown. Of the 68 athletes who represented Ryde, we achieved 68 top 8 placing. Congratulations to our U8 athletes who completed their Championship competition at Regional level. Outstanding results from our U8s were:

Justin Sunderland	- 400m (5 th), Long Jump (2 nd), Pack Start (8 th)
Mark Papadopoulos	- Shotput (1 st)
Jordan Wass	- Discus (11 th)
Brooke Matheson	- 70m (7 th)
Mikayla Mestousis	- 100m (2 nd), 200m (1 st), 400m (1 st), Pack Start (1 st)
Zoe Latham	- 200m (8 th), 400m (3 rd), 60m Hurdles (6 th), Pack Start (5 th)
Charlotte McLearn	- 400m (8 th)
Matilda Simmons	- Shotput (7 th)
Audrey McLachlan	- Discus (13 th)

18 athletes qualified for the State Championships and their achievements are listed below:

Jack Armson	-9B	700m Walk
Edward Penrose	-11B	800m
Liam Wood	-11B	1100m Walk
Stuart Williams	-11B	High Jump
Chris Spinks	-13B	Long Jump, Triple Jump
Alexander Dillon	-13B	1500m Walk
Patrick Kelland	-13B	Javelin
Benjamin Cox	-14B	Triple Jump
James Bergfield	-14B	3000m
Nicola Bowtell	- 9G	100m, 200m, 400m, 800m
Sarah Kelland	-10G	1100m Walk
Nina Osada-Phornsiri	-10G	60m Hurdles, High Jump, Long Jump
Paulina Peters	-12G	800m
Danielle Jenkins	-12G	1500m Walk

JUNIORS REPORT

Sachi Kayama	-12G	Long Jump, High Jump
Tara Vance	-14G	400m, 800m
Maddy Bergfield	-14G	Discus
Kathleen Tay	-15G	Long Jump, Triple Jump

STATE MULTI EVENT

The State Multi Event was held on the weekend of 1st & 2nd March 2008 at Orange with 9 athletes representing the Ryde club. Congratulations to our club representative who are as follows:

Daniel Bowtell; Zoe Latham; Audrey McLachlan; Justin Sunderland; Luke McLachlan; Nicola Bowtell; Jadine Zajic; Hayley Tzakos; Thea McLachlan.

Outstanding results were;

Nicola Bowtell	9G	Gold medal	4892pts
Justin Sunderland	8B	Bronze medal	4826pts

STATE CHAMPIONSHIPS

The State Championships were held on the weekend of 15th & 16th March 2008 at Homebush. Of the 18 athletes who competed, 3 received medals and 11 athletes achieved Personal Best against their achievement in the Regional Carnival.

Nicola Bowtell	- 100m (4 th in heat 15.61s PB); 200m (6 th in Final 31.40s PB); - 400m (4 th in final 1:12.09s PB); 800m (9 th in final 2:55.27s)
Sarah Kelland	- 1100m Walk (8 th 6:42.13s PB)
Danielle Jenkins	- 1500m Walk (9:05.34s)
Nina Osada-Phornsiri	- 60m Hurdles (6 th in final 11.17s PB); High Jump (13 th 1.20m) - Long Jump (2 nd 4.21m PB)
Tara Vance	- 400m (8 th in final 1:01.81s); 800m (2 nd in final 2:20.13s PB)
Kathleen Tay	- Long Jump (11 th 4.50m); Triple Jump (6 th 10.74m PB)
Maddy Bergfield	- Discus (12 th 24.13m)
Paulina Peters	- 800m (7 th 2:35.12s PB)
Edward Penrose	- 800m (2 nd 2:25.12s PB)
James Bergfield	- 3000m (8 th 10:29.43s PB)
Jack Armson	- 700m Walk DQ
Liam Wood	- 1100m Walk (10 th 8:04.76s)
Alexander Dillion	- 1500m Walk DQ
Stuart Williams	- High Jump (5 th 1.40m PB)
Chris Spinks	- Long Jump (10 th 4.85m PB); Triple Jump (11 th 10.36m PB)
Benjamin Cox	- Triple Jump (10 th 10.65m)
Patrick Kelland	- Javelin (6 th 31.85m PB)

Jim Tzakos
Championships Officer (Juniors)

OFFICIALS:

Thank you to all parents for their participation during the year as officials and helpers at club level on Saturday mornings and at carnivals. Without the help of parent volunteers it would simply not happen.

David Sunderland
Officer for Officials

JUNIORS REPORT

FIRST AID:

The most significant event this year was not an injury to an athlete but to an adult volunteer. This has been extensively discussed in committee. The injury in question was a blow to the side of the head caused by a discus. It is fortunate that this did not cause any concussion or long-term effects and the parent in question made a full recovery.

There were fewer musculoskeletal injuries this year, partly due to missing some competition days because of rain, but mainly, in my opinion, due to the continued efforts of all concerned to keep the program flowing. I am not aware of any injury which prevented an athlete from competing in a representative competition.

Girvan Malcolm
Officer for First Aid (Juniors)

JUNIOR RECORDS ESTABLISHED, EQUALLED OR BROKEN

2007/2008 SEASON

Date	Age	Event	New Record	New Record Holder	Old Record	Old Record Holder	Date
22/09/07	14 G	800m	2-33.00	Tara Vance (No 24)	2-35-10	Jamie Casaclang	2/11/02
01/03/08	14 G	400m	1-02.10	Tara Vance (No 24)	1-03.20	Jamie Casaclang	25/1/03
12/01/08	8 B	500m	2-24.60	Justin Sunderland (No 10)	2-30.40	Patrick Kelland	23/11/02
12/01/08	8 G	500m	2-24.70	Mikayla Mestousis (224)	2-33.10	Mikayla Mestousis	17/11/07
23/02/08	10 G	1100mW	6-50.10	Sarah Kelland (No 38)	7-00.30	Rachel Perrins	13/3/04
23/02/08	10 G	60mH	11.10	Nina Osada-Pphornsiri (193)	11.30	Kimberley Lowe	13/3/04
23/02/08	11 G	1100mW	6-38.00	Madeleine Ross (222)	6-51.50	Rachel Perrins	13/11/04
23/02/08	13 G	3000m	12-15.10	Savanna Jones (41)	12-15.50	Bronwyn Aspinall	14/3/98
23/02/08	14 B	3000m	10-40.20	James Bergfield (No 1)	10-53.90	Cameron Borwick	11/3/06

JUNIORS REPORT

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SENIORS REPORT

SENIORS REPORT

COMMITTEE MEMBERS – SENIORS

PRESIDENT	Ros Mitchell
VICE PRESIDENT	Bruce Brown
SECRETARY	Ann Arnott
TREASURER	Ross Forster
REGISTRAR	Ross Forster
RACE SECRETARY	Ross Forster
MALE CAPTAIN	Greg Boyce
FEMALE CAPTAIN	Tara Millgate
PUBLICITY	Sue Vance
A.N.S.W. DELEGATES	Ros Mitchell
	Bruce Brown
A.N.S.W. CO-DELEGATES	Janelle Eldridge
	Betty Moore
NORTHERN ZONE DELEGATE	Andrew Atkinson-Howatt
COACHING CONVENER	Ross Forster
SOCIAL ACTIVITIES	Diane Millgate

SENIORS REPORT

TREASURER (Seniors):

Seniors Division Accounts for the Season 2007 - 2008

<u>Income</u>		<u>Expenditure</u>	
Registrations	\$5,392.00	ANSW Affiliation & Insurance	\$630.00
Uniforms	\$40.00	Registrations	\$4,047.00
Bank Interest	\$31.50	Uniforms	\$40.00
Donations	\$1,310.00	Canberra Trip	\$400.00
Canberra Trip	\$400.00	Ribbons & Trophies	\$1,158.05
Trivia Night	\$796.00	Training Equipment etc.	\$104.70
Get Set Go Rebate & Refund	\$350.00	Athlete Donations	\$800.00
		Competition Fees	\$250.00
		Freight, Stationery etc.	\$20.00
		Alinta Polo Shirts	\$541.02
		Total Expenditure	\$7,990.77
Total Income	\$8,319.50	Plus Net Income	\$328.73
			\$8,319.50

Bank Reconciliation Statement:

Bank Statement - 31/03/07	\$7,454.55
<u>Less</u> last year's unrepresented cheques	
<u>Plus</u> Net Income	\$328.73
<u>Plus</u> unrepresented cheques this year	\$200.00
Bank Statement - 31/03/08	\$7,983.28

Donations to Athletes

Carl Casaclang - AIS Coaching Seminar	300.00
Michael Todd - Austn Cross Country - Perth	\$300.00
Brett Jovanovich - Austn U/23 Championships - Gold Coast	\$200.00
	\$800.00

<u>Donations Received From:</u>	<u>General</u>	<u>City-to-Surf</u>	<u>Sydney Marathon</u>	<u>Total</u>
Bruce Brown		\$35.00	\$25.00	\$60.00
Ross Forster		\$35.00	\$25.00	\$60.00
Karen Lowe			\$25.00	\$25.00
Kimberley Lowe			\$25.00	\$25.00
Sue Vance		\$35.00	\$25.00	\$60.00
Tara Vance		\$35.00	\$25.00	\$60.00
Kate Kelland			\$25.00	\$25.00
Patrick Kelland		\$35.00	\$25.00	\$60.00
Andrew Atkinson-Howatt		\$35.00	\$25.00	\$60.00
Braden Atkinson-Howatt		\$35.00	\$25.00	\$60.00
Lynette Smith		\$35.00	\$25.00	\$60.00
Greg Boyce		\$35.00	\$25.00	\$60.00
John Boyce		\$35.00	\$25.00	\$60.00
Ann Arnott		\$35.00		\$35.00
Dianne Millgate		\$35.00	\$25.00	\$60.00
Tara Millgate		\$35.00	\$25.00	\$60.00
Lynette Smith		\$35.00	\$25.00	\$60.00
Will Devjak		\$35.00	\$25.00	\$60.00
Vic Devjak		\$35.00		\$35.00
Carl Casaclang			\$25.00	\$25.00
Cassie Hewitt			\$25.00	\$25.00
Bronwyn Aspinall		\$35.00		\$35.00
Natalie Sing		\$35.00		\$35.00
Kate Boland		\$35.00		\$35.00
Nick Walker			\$25.00	\$25.00
Brad Grimshaw		\$35.00		\$35.00
Ben Arthur		\$35.00		\$35.00
Katie Jameson		\$35.00		\$35.00
Wei Liak		\$35.00		\$35.00
Rachael Jackson	\$5.00			\$5.00
	\$5.00	\$805.00	\$500.00	\$1,310.00

A huge thank you to those who kindly made cash donations and/or contributed their time in helping with fund raising at events such as the City To Surf and Sydney Marathon.

Ross Forster
Treasurer (Seniors).

SENIORS REPORT

SENIORS REPORT

22 High Street
Wyee Point NSW 2259

Friday, 9th May, 2008

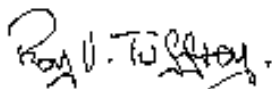
The Directors
Ryde Athletics Centre – Senior Division

AUDIT CERTIFICATE

I have examined the accounts of the Ryde Athletics Centre – Senior Division in accordance with Australian Generally Accepted Auditing Standards for the financial period 1st April 2007 through 31st March 2008 inclusive.

All relevant books and documents were made available to me for the purpose of this audit.

In my opinion, the statements of accounts and the notes attached thereto for that period, represent the fair and true financial position of the entity.



Roy V. Tuffrey
Chartered Accountant.

SENIORS REPORT

PRESIDENT:

This 2007/2008 season has been a very successful one, both for our athletes and our club. Athletics NSW awarded our club with a **GOLD CLUB** Certificate of Achievement for our participation in all aspects of athletics. This award gave us a voucher for \$1500 to spend on apparel and equipment. We purchased polo shirts and a discus trolley, shots and overspeed paces. These will benefit all our athletes for their training.

Our coaches have excelled themselves with many athletes reaching personal bests at the local, State and National Championships. Thank you to Ross Forster, Andrew Jackson, Andrew Atkinson-Howatt, Carl Casaclang and Guy Cassarcis.

Our Executive Committee has met regularly to carry out the business of the club. I thank them for their commitment - Ann Arnott, Ross Forster, Bruce Brown, Sue Vance, Dianne Millgate and Andrew Atkinson-Howatt.

We have had many articles and photos published in the TWT newspaper and this is because of the effort of Ross Forster and Sue Vance. Because of this we have had two athletes awarded Sports Star of the Month – Len Pearce and Michael Todd. Congratulations to them both.

Our fundraising is an important part of our social activities, as the club subsidises athletes' fares to National Championships and so our trivia night raised welcome funds and everyone had a great night. We also raised funds through our members acting as officials at the City to Surf and Marathon events. I include the ACT championships in the social category as this event, organised by Ross Forster, is a great weekend for all athletes, parents and coaches to form closer friendships within the club. The athletes won many medals at this Championship. Thank you to Dianne Millgate for all her birthday cakes for athletes after training, and to Bronwyn for the use of her house for the Christmas function.

Congratulations to the following athletes for their outstanding performances –

LEN PEARCE- Over the season Len has excelled himself in his three events – Triple Jump, Long Jump and 100m. He has done many PBs and from his performances he was selected into the U17yrs Australian Athletics squad and attended a camp at the Australian Institution of Sport in August with coach Carl Casaclang. He competed in the Australian All Schools Championships winning the Long jump and Triple Jump with personal best in both events. Well done Len!

JOHN PEARCE – John has excelled himself winning many medals in various Championships in 100m, 200m Long Jump, Triple Jump and Javelin. He qualified for the Australian All Schools Championships in the 100m and Long Jump. He has combined with his brother Len, Jason Chen and Clinton McEwan to win the 16yrs Boys relays in the CHS and NSW All Schools Carnivals.

MICHAEL TODD – Michael gained many PBs in his 800m and 1500m events receiving many medals. He also competed in Cross Country over Winter which qualified him to compete at the Australian Cross Country Championships in Perth. He also broke old GPS records and competed at the Australian All Schools Championships in these events.

TARA VANCE – Tara is our junior athlete, who because she is competing in senior competitions often has to compete against girls older than herself. Tara competed in Cross Country winning medals, also she qualified for the Australian all Schools Championships running PBs in both the 400m and 2000mS/Chase and a P.B in the NSW U16yrs Championships in the 400m. A great effort!

We have many master athletes who compete for our club and they have performed well in their events- Andrew Atkinson-Howatt, Sue Gore, Rachael Jackson (after two children), Neil Holmes and Paul Stinson. It is great to see these athletes returning to their favourite sport.

Andrew Atkinson-Howatt is a very busy athlete, competing in Master events all over the Nation. His events are Javelin, Discus, Shot, Hammer, Pentathlon, Weight Throw and Weight Pentathlon. He has won many gold, silver and bronze medals during the season and I refer you to Ross Forster's comprehensive competition report for all the results of all our athletes.

We have had our first Stawell Gift athlete of Brett Jovanovic who competed over Easter in the 70m and the 120m races. Brett managed to reach the semifinals for both races. Congratulations Brett!

There are many more athletes who have succeeded in their events over the season and I congratulate them for their consistent effort in training and competition.

I would like to thank all the coaches and parents who have helped make this season one of our best and look forward to many more successful years.

Ros Mitchell
Centre President (Seniors).

SENIORS REPORT

REGISTRAR:

This year showed a very small increase in members from the previous year. We rose from a total of 84 last year to 85 this year.

Our heartfelt thanks go to the Juniors Division, who again decided that they would pay the \$20 dual membership fee to any Little A in the Under 13 to Under 15 age bracket.

Breakdown of our membership this year is as follows:-

Our registration numbers as at 31st March, 2008 are as follows:-

Officials	11
Open & Masters	22
Under 20	3
Under 18	20
Junior	2
Dual Registrations	<u>27</u>
	<u>85</u>

The breakdown of Officials and Athletes into sex is as follows:-

Male Officials	6	Female Officials	5
Male Open & Masters	14	Female Open & Masters	8
Male Under 20	2	Female Under 20	1
Male Under 18	13	Female Under 18	7
Male Junior	0	Female Junior	2
Male Dual Registrations	<u>9</u>	Female Dual Registrations	<u>18</u>
	<u>44</u>		<u>41</u>

- Please note that Dual Registrations comprise 25 athletes from Ryde Juniors Division and 1 each from Hills District and 1 from Ku-Ring-Gai Little A's.

Ross Forster
Registrar (Seniors).

COACHING:

Once again training during the winter was conducted at both Dunbar Park and at Rotary Field, Chatswood with Ross Forster and Carl Casaclang as coaches. Although it is often cold during winter the effort of training during this period sets up a substantial base for the summer competition.

Summer training was conducted at Dunbar Park, Marsfield on Monday, Tuesday and Thursday evenings with the additional Sunday morning session with Ross, Carl and Andrew Atkinson-Howatt, and again at Homebush with Andrew Jackson in attendance.

Our athletes again performed extremely well at the Club Premiership, All Comers and Invitational meets held at the Sydney Olympic Park Athletics Centre, Homebush. In addition we had athletes compete at the various State and Australian Titles.

Ross Forster
Coaching Convenor (Seniors).

PUBLICITY

During the above season various articles were submitted to the "Footprint". These included articles on results at the Sydney North Regional Secondary Schools Carnival and on the Skins Meet at Campbelltown.

During the season we had write-ups in "The Weekly Times" on our athletes' endeavours at the Australian All Schools Championships, at the NSW Combined Event and Steeplechase Championships and on the achievements of Sue Gore at the NSW Relay Championships.

We submitted two athletes to participate in the "Sportstar of the Month" award run by The Weekly Times and supported by the "Club 6" and the "Ryde Sports Foundation". It is very pleasing to report that both Len Pearce and Michael Todd won selection as Sportstars of the Month and will benefit to the tune of approximately \$1,000.00 each. The annual dinner for the "Sportstar of the Year" award will be held at Ryde-Eastwood Leagues Club on 1st May.

Sue Vance - Publicity Officer

SENIORS REPORT

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SENIORS REPORT

COMPETITION:

1. Australian Masters Championships

At the 2007 Australian Masters Championships held in Hobart over the Easter Weekend our Centre was represented by 1 competitor.

Andrew Atkinson-Howatt won a gold medal in the 50-54 Age group in the Javelin event with his best throw of 47.73 metres. This was a NSW State record. In his Hammer event Andrew finished 4th with his heave of 32.96 metres. In his Shot Put event Andrew finished 7th with his throw of 10.37 metres. His Discus event saw Andrew claim a bronze medal with his throw of 36.15 metres.

2. West Metropolitan Cross Country

These events were held over most Saturdays during the winter and we were represented by a number of our athletes whom I have listed below.

Tara Vance, Tara Millgate, Sue Gore, Heather Graves, Danica Sardelich, Phoebe Saxon, Jessie O'Brien, Nick Walker, Patrick Kelland, Michael Todd, Lottie Ferrier, Katie Jameson, Wei Liak, Greg Boyce, Andrew Peters.

3. I.G.S.S.A. Cross Country Championships

The IGSSA Cross Country Championships were held at Frensham School, Mittagong on Saturday, 12th May and our Club had 6 representatives there.

Phoebe Saxon finished 4th in the 12 Girls 3000 metres event.

Tara Vance finished 2nd in the 13 Girls 3000 metres event.

Madeline Campbell finished 12th in the 13 Girls 3000 metres event.

Catherine Penrose finished 90th in the 13 Girls 3000 metres event.

Lottie Ferrier finished 2nd in the 15 Girls 4000 metres event.

Danica Sardelich finished 4th in the 15 Girls 4000 metres event.

Thus Phoebe, Tara, Madeline, Lottie and Danica qualified for the NSW CIS Cross Country Championships to be held on Friday, 1st June.

4. New South Wales C.I.S. Cross Country Championships

At the NSW Combined Independent Schools Cross Country Championships our 5 girls all competed with distinction and achieved the following results:-

Phoebe Saxon finished 5th in her 3000 metres event.

Tara Vance finished 7th in her 3000 metres event.

Madeline Campbell finished 8th in her 3000 metres event.

Lottie Ferrier finished 2nd in her 4000 metres event.

Danica Sardelich finished 5th in her 4000 metres event.

As a result of their efforts at these Championships all 5 girls now advance to the NSW All Schools Cross Country Championships to be held at Eastern Creek Raceway on Friday, 20th July, 2007.

5. Broken Bay Catholic Schools Cross Country Carnival

At the Broken Bay Catholic Schools Cross Country Carnival 1 competitor again represented us.

Jessie O'Brien won her 4000 metres event.

6. NSW Combined Catholic Colleges Cross Country Championships

At the NSW Combined Catholic Colleges Cross Country Championships held at the Eastern Creek Raceway we were represented by 1 competitor.

Jessie O'Brien won the bronze medal in the 16 year Girls 4000 metres event. It is interesting to note that the races at this carnival were run entirely on the road due to the long spell of inclement weather.

7. Loreto Normanhurst Athletics Carnival

At the Loreto Normanhurst School Athletics Carnival held at Homebush on 17th May our Centre was represented by 3 girls who achieved the following results.

Phoebe Saxon 1st in 12 years 800 metres event – 2 mins 42.32 secs
 2nd in Junior 1500 metres event – 5 mins 39.20 secs
 3rd in 12 years 400 metres event – 73.31 secs

SENIORS REPORT

Madeline Campbell	6 th in 12 years 200 metres event – 32.70 secs
	1 st in 13 years 1500 metres event – 5 mins 39.10 secs
	1 st in 13 years 400 metres event – 68.97 secs
	4 th in 13 years 800 metres event – 2 mins 45.29 secs
	4 th in 13 years 200 metres event – 31.69 secs
Danica Sardelich	1 st in 15 years 400 metres event – 74.14 secs
	1 st in Intermediate 800 metres event – 2 mins 41.29 secs
	1 st in Intermediate 1500 metres event – 5 mins 34.33 secs
	3 rd in 15 year 200 metres event – 29.56 secs
	5 th in 15 year 100 metres event – 14.71 secs
	5 th in 15 year 90 metres Hurdles event.

As a consequence of their efforts the above 3 girls were chosen to represent their school at the IGSSA Carnival held at Homebush on 15th June, 2007.

8. I.G.S.S.A. Championships

At the IGSSA Carnival we were represented by some 8 girls who achieved the following results.

Tara Vance won her heat of the Junior Girls 800 metres event in a time of 2 mins 29.16 secs. In the final Tara proved too strong for her opposition to win going away in a time of 2 mins 28.20 secs.

Phoebe Saxon finished 5th in her heat of the Junior 800 metres event in a personal best time of 2 mins 34.88 secs to qualify for the final. In the final Phoebe finished in 8th place in a time of 2 mins 35.57 secs.

Madeline Campbell produced a huge personal best performance to finish 4th in the Junior Girls 1500 metres event in a time of 5 mins 12.84 secs.

Lottie Ferrier won her heat of the Intermediate Girls 800 metres event in a time of 2 mins 24.31 secs. In the final Lottie placed 2nd in a time of 2 mins 24.12 secs. In the 1500 metres final Lottie finished 2nd in a time of 5 mins 00.83 secs.

Danica Sardelich finished 3rd in the same heat in a personal best time of 2 mins 29.81 secs. In the final Danica was placed 6th in a time of 2 mins 30.33 secs. In the 1500 metres final Danica finished in 3rd position with a personal best time of 5 mins 06.83 secs.

Kimberley Lowe finished 3rd in the Junior Discus event with her best throw of 26.50 metres. In her Shot Put event Kimberley finished 5th with her throw of 9.21 metres.

Julia Parker finished 6th in the Junior Javelin event with her personal best throw of 23.04 metres. In the Discus event Julia finished 17th with her throw of 17.12 metres.

Sarah Dillon finished 6th in the final of the Intermediate Girls 400 metres event in a time of 64.73 secs.

Of the above girls Tara, Phoebe, Madeline, Lottie, Kimberley and Sarah all qualify for the NSW CIS Athletics Carnival to be held at Homebush on 17th September.

9. NSW Short Course Cross Country Championships

At the NSW Short Course Cross Country Championships held at Abbotsbury on Saturday, 14th July we had 1 competitor there.

Michael Todd won the silver medal in the Under 16 Boys 3000 metres event.

10. NSW All Schools Cross Country Championships

The NSW All Schools Cross Country Championships were held at the Eastern Creek Raceway on Friday, 20th July, 2007.

Our Centre was represented by a total of 8 competitors.

Phoebe Saxon finished in 19th place in the 12 years Girls Secondary 3000 metres event.

Tara Vance finished in 30th place in the 13 years Girls event.

Madeline Campbell finished in 37th place in the 13 years event.

Danica Sardelich finished in 13th place in the 15 years Girls event.

Jessie O'Brien finished in 5th place in the 16 years Girls event.

Patrick Kelland finished in 50th place in the 13 years Boys event.

Michael Todd finished in 2nd place in the 15 years Boys event.

Daniel Zentner finished in 17th place in the 17 years Boys event.

SENIORS REPORT

11. Australian Under 17 Athletics Squad

Len Pearce is one of 20 NSW Athletes to be selected in the Australian Under 17 squad. As a consequence of his selection Len and his coach Carl Casalang will be attending a camp at the Australian Institute of Sport over the weekend of 3rd – 6th August.

12. Sydney North Region High Schools Carnival

At the Sydney North Regional Secondary Schools Carnival our Centre was represented by some 7 competitors. These athletes achieved the following results:-

Sally Johnson finished 5th in the 17+ Girls 100 metres Hurdles event in a time of 17.92 seconds. In her Long Jump event Sally again filled 5th place with her leap of 4.54 metres. The Triple Jump event saw Sally gain 3rd place with her leap of 9.85 metres.

John Pearce won his heat of the 16 years Boys 100 metres in a time of 11.17 seconds. In the final John secured the win in a time of 11.25 seconds. In the 200 metres event John was again the winner in a time of 22.99 seconds. In his Long Jump event John finished 2nd with his leap of 6.52 metres. In his Javelin event John finished 3rd with his throw of 40.74 metres.

Len Pearce finished 2nd in his heat of the 16 years Boys 100 metres event in a time of 11.20 seconds. In the final Len gained 2nd place with his time of 11.30 seconds. In his Long Jump event Len was the winner with his leap of 6.60 metres. Len broke the record in winning the 16 years Boys Triple Jump event with his leap of 13.86 metres.

Clinton McEwan finished 4th in the 16 years Boys 200 metres event in a time of 24.08 seconds. In his 110 metres Hurdles event Clinton was the winner in a time of 15.74 seconds. Clinton finished 3rd in the High Jump with his leap of 1.76 metres. In the Triple Jump Clinton finished 2nd with his leap of 12.39 metres.

Jason Chen finished 5th in the 16 years Boys 400 metres event in a time of 56.06 seconds. In his 800 metres event Jason finished 9th in a time of 2 mins 17.34 secs.

Rory Tarnow-Mordi finished 3rd in the 16 years Boys 110 metres Hurdles event in a time of 16.81 seconds. In the Triple Jump event Rory finished 4th with his leap of 11.64 metres.

Oliver Wenderski was the final leg runner in the Hunters Hill Boys 14 years 4 x 100 metres Relay team which finished 2nd in a time of 49.62 seconds.

Len, Clinton, Jason and John formed the Hunters Hill Boys 16 years 4 x 100 metres Relay team which won the event in a record time of 44.22 seconds.

13. City to Surf

A team of 22 people from our Centre worked at the medal gates at the City to Surf to raise money for our talented athletes.

Bruce Brown, Ross Forster, Andrew Atkinson-Howatt, Lynette Smith, Braden Atkinson-Howatt, Sue and Tara Vance, Ann Arnott, Dianne Millgate, Greg & John Boyce, Kate Boland, Brad Grimshaw, Ben Arthur, Katie Jameson, Wei Liak, Bronwyn Aspinall, Natalie Sing, Patrick Kelland, Vic & Will Devjak and Tara Millgate.

14. Australian Cross Country Championships

At the Australian Cross Country Championships held in Perth we were represented by 1 competitor.

Michael Todd finished 4th in the 14-15 years boys 4000 metres event – well done, Michael.

15. AICES Athletics Carnival

At the AICES Carnival held at Homebush on 4th September we had 1 representative.

Cassie Hewitt won the 14 years Girls Javelin event with a throw of 28.24 metres to set a new record in this event. In her Discus event Cassie finished 2nd with a throw of 26.52 metres. Cassie finished 10th overall in her 200 metres event in a time of 32.1 seconds. In her Long Jump event Cassie finished 4th with a leap of 4.31 metres. In her Shot Put event Cassie ultimately was placed in 6th position with her best throw of 8.07 metres.

16. NSW Combined High Schools Carnival

SENIORS REPORT

At the NSW Combined High Schools Championships our Centre was represented by a total of 4 competitors.

John Pearce won his heat of the 16 years Boys 100 metres event in a time of 11.12 seconds – wind of 0.1 metres/sec. In the 100 metres final John won in a time of 11.05 seconds – negligible wind reading. In the 16 years Boys Long Jump event John was again a winner with his best leap of 6.75 metres – wind reading of -0.4 metres/sec.

Len Pearce finished 2nd in his heat of the 16 years Boys 100 metres event in a time of 11.23 seconds – wind of 1.5 metres/sec. In the 100 metres final Len finished in 3rd place in a time of 11.14 seconds – negligible wind reading. In the 16 years Boys Long Jump event Len won the silver medal with his leap of 6.53 metres – wind reading of 0.0 metres/sec. In the 16 years Boys Triple Jump event Len was the winner with his leap of 13.80 metres. Len's winning jump in this event was so good that he would also have secured the gold medal in the 17+ Boys Triple Jump event.

Clinton McEwan won his heat of the 16 years Boys 110 metres Hurdles event in a time of 16.03 seconds – wind reading of 2.2 metres/sec. In the final Clinton improved his time to secure the bronze medal in a time of 15.91 seconds – wind reading of 0.7 metres/sec. In the 16 years Boys Triple Jump event Clinton secured the bronze medal with his leap of 12.68 metres.

John, Len and Clinton joined forces with **Jason Chen** to compete in the 16 years Boys 4 x 100 metres Relay event. In their heat the boys broke the CHS record of 43.98 seconds in winning this event in a new record time of 43.45 seconds. In the final the boys showed their class by running even faster and established a new record time of 43.15 seconds in taking out the gold medal in this event. Their winning margin over the second placed team was some 20 metres!

As a result of their efforts at this carnival John has achieved national qualifiers in both the 100 metres and Long Jump and Len in the 100 metres and Triple Jump.

17. NSW Combined Catholic Colleges Championships

At the NSW Combined Catholic Colleges Championships held at Homebush on Friday, 14th September we were represented by 4 competitors.

Jessie O'Brien won the 16 years Girls 1500 metres event in a time of 5 mins 01.22 secs. In this race Jess led from start to finish. In her 800 metres event Jess finished a clear 2nd in a time of 2 mins 26.88 secs. Jess also contested the 400 metres event in which she finished in 8th place in a time of 67.26 seconds.

Lloyd Parker won the 16 years Boys Shot Put event with his throw of 11.70 metres. In his Javelin event Lloyd added a further gold medal with his winning throw of 46.25 metres.

Julia Parker won the 13 years Girls Javelin event with her throw of 28.84 metres. She finished 8th in her Discus event with her throw of 20.41 metres.

Olivia McConnell finished 6th in the 16 years Girls High Jump event with her clearance of 1.40 metres.

18. NSW Combined Independent Schools Championships

At the NSW Combined Independent Schools Championships held at Homebush on Monday, 17th September our centre was represented by 6 competitors.

Tara Vance won the 13 years 800 metres event in a time of 2 mins 24.52 secs. Tara was content to sit in 2nd place for the first 500 metres until she went to the front and was never headed.

Phoebe Saxon finished 3rd in the 12 years 800 metres event in a time of 2 mins 39.32 secs.

Madison Campbell also won a bronze medal in the 13 years Girls 1500 metres event in a time of 5 mins 16.47 secs.

Lottie Ferrier won a gold medal in the 15 years Girls 800 metres event in a time of 2 mins 31.22 secs. In her 1500 metres Lottie finished 3rd in a time of 5 mins 08.70 secs.

Kimberley Lowe won a silver medal in the 13 years Girls Discus event with her throw of 28.30 metres.

SENIORS REPORT

Cassie Hewitt won a bronze medal in the 14 years Girls Discus event with her throw of 30.07 metres. In her Javelin event Cassie finished 2nd with her throw of 28.59 metres.

19. G.P.S. Carnival

At the GPS Carnival held at Homebush on Saturday, 15th September we were represented by 3 competitors.

Michael Todd won his 15 years Boys 1500 metres event in a time of 4 mins 09.5 secs. In his 800 metres event Michael broke the old GPS record in finishing 2nd in a time of 1 min 58.1 secs.

Patrick Kelland finished 7th in the Under 13 Boys 1500 metres Championship event in a time of 5 mins 22.4 secs.

James Bergfield finished 9th in the Under 13 Boys 90 metres Hurdles event in a time of 17.29 seconds. In the Under 13 Boys Division event James finished 6th in a time of 2 mins 26.3 secs.

20. NSW Combined Associated Schools Carnival

At the NSW CAS Championships held at Homebush on 20th September we had 1 competitor.

Cameron Borwick finished 3rd in the 15 years Boys 800 metres event in a time of 2 mins 07.07 secs. In his 1500 metres event Cameron finished 4th in a time of 4 mins 29.22 secs.

21. Australian University Games

At the 2007 Australian University Games held at Southport, Queensland we were represented by 2 competitors.

Yuan Wei Liak clocked a time of 55.20 seconds in his heat of the Open Men's 400 metres event. In his 200 metres heat Wei finished in 6th place with his time of 25.36 seconds. Wei also ran the 800 metre leg in the 1600 metre Medley Relay team for Macquarie Uni, clocking a 2 min 12 sec 800 metres.

Katie Jameson finished 2nd in the Open Women's 3000 metres Steeplechase event in a time of 12.18.91. In her 1500 metres final Katie finished 9th in a time of 5 mins 14.14 secs. Katie also ran the 800 metre leg for Macquarie Uni in the 1600 metre Medley Relay event in which they finished 7th.

22. Australian Masters Winter Throwing Championships

At the Australian Masters Winter Throwing Championships held in Canberra over the October long weekend we were represented by 1 athlete.

Andrew Atkinson-Howatt won a total of 2 gold, 2 silver and 2 bronze medals. Andrew's gold's came in the Javelin – 46.47 metres and in the Discus – 36.52 metres. In the Hammer event Andrew threw 35.18 metres to secure the silver medal. Andrew won bronze medals in the Shot Put – 10.63 metres and in the Weight Throw – 11.57 metres. Andrew's second silver medal came in the Weight Pentathlon event.

Hammer		Shot		Discus		Javelin		Weight		Total
Distance	Points	Distance	Points	Distance	Points	Distance	Points	Distance	Points	Points
34.56m	517	9.84m	563	36.82m	600	45.94m	719	11.85m	631	3030

In this event Andrew just failed to secure the gold medal by 7 points!!!

23. NSW All Schools Championships – Seniors Division

At the Seniors Division of the NSW All Schools Championships our Centre was represented by a total of 13 athletes.

SENIORS REPORT

Madeline Campbell ran a personal best time of 8 mins 08.80 secs in finishing 7th in the 16 years girls' 2000 metres Steeplechase event. This time is less than 4 seconds off a national qualifier.

Lottie Ferrier finished 3rd in the 16 years Girls 2000 metres Steeplechase event in a time of 7 mins 46.60 secs which was just outside her personal best time for this event.

Olivia McConnell finished 6th in the 16 years Girls Hammer Throw event with her best throw of 25.25 metres. In her Javelin event Olivia finished 12th with a throw of 21.18 metres.

Jessie O'Brien had a weekend to remember. In her first event of the Carnival Jessie took some 9 seconds off her previous best time in the 16 years Girls 1500 metres event in winning a silver medal in a time of 4 mins 52.60 secs. Later in the day Jessie backed up to win the 16 years Girls 2000 metres Steeplechase event in a time of 7 mins 36.57 secs (a National qualifier). On the Sunday morning Jessie gained a further silver medal in recording a time of 10 mins 43.26 secs (a 20 second pb in the 16 years Girls' 3000 metres event. This time also qualifies Jessie to compete in this event at the National All Schools Championships in December. In the early afternoon Jessie finished 3rd in her heat of the 800 metres event in a time of 2 mins 28.01 secs to qualify for the final. In the final Jessie secured a further silver medal in recording a personal best time of 2 mins 22.14 secs (another pb) in securing 2nd place in this event.

Danica Sardelich recorded a personal best time of 5 mins 02.61 secs in finishing 5th in the 15 years Girls 1500 metres event.

Tara Vance finished 5th in the 16 years Girls 2000 metres Steeplechase event in a time of 7 mins 57.44 secs. This time is also a national qualifying time for this event.

Cameron Borwick secured 5th place in the 15 years Boys 1500 metres event in a time of 4 mins 24.73 secs. This time was only 2 seconds off his personal best time. In the 15 years Boys 2000 metres Steeplechase event Cameron won the silver medal with his time of 6 mins 46.15 secs. This time gives Cameron a 3rd National qualifier in this event.

Lloyd Parker finished in 5th place in the 16 years Boys Javelin event with his best throw of 47.30 metres.

John Pearce in this Carnival won a full set of medals. After finishing 2nd in his heat of the 16 years Boys 100 metres event in a time of 11.22 seconds (tailwind of 0.9 metres/sec) John went on to win the final in a time of 11.21 seconds (headwind of 1.5 metres/sec). John contested the Triple Jump event to win a silver medal with a leap of 13.17 metres. In his Long Jump event John won the bronze medal with his leap of 6.43 metres (headwind of 0.3 metres/sec).

Len Pearce won his heat of the 16 years Boys 100 metres event in a time of 11.20 secs (tailwind of 0.9 metres/sec). In the final Len finished a close up 5th in a time of 11.32 secs (headwind of 1.5 metres/sec). Len won his Triple Jump event with a personal best leap of 13.94 metres (tailwind of 3.9 metres/sec). In his Long Jump event Len won a further gold medal with his leap of 6.52 metres (headwind of 0.5 metres/sec).

Michael Todd contested both the 15 years Boys 800 metres and 1500 metres events winning a bronze medal in both events. In the 1500 metres Michael recorded a season's best time of 4 mins 08.78 secs. In his heat of the 800 metres Michael recorded the fastest qualifying time of 2 mins 04.52 secs. In the final Michael recorded his second fastest time of the season in finishing 3rd in a time of 1 min 59.50 secs.

Jason Chen & Clinton McEwan joined the Pearce Boys informing the Hunters Hill 4 x 100 metres Relay team which finished 3rd in a time of 44.10 seconds. It should be noted that all of these boys are 16 years old and the event was a 19 year old event.

This was a tremendously successful carnival for our athletes who finished with a total of 4 gold medals, 5 silver medals and 5 bronze medals.

24. NSW All Schools Championships – Juniors Division

At the Juniors Division of the NSW All Schools Championships our Centre was represented by a total of 9 athletes.

SENIORS REPORT

Phoebe Saxon finished 2nd in her heat of the 12 years Girls 800 metres event in a personal best time of 2 mins 36.27 secs to qualify for the final. In the final Phoebe finished in 7th place in a time of 2 mins 38.48 secs.

Tara Vance qualified for the final of the 13 years Girls 800 metres by finishing 3rd in her heat in a time of 2 mins 24.32 secs. In the final Tara finished in 8th place in a time of 2 mins 25.99 secs. Tara also qualified for the final of the 13 years Girls 400 metres event in a personal best and national qualifying time of 62.12 seconds. Unfortunately Tara was unable to contest the final due to injury.

Kimberley Lowe finished 9th in the 13 years Girls Discus event with her best throw of 25.79 metres. In her Shot Put event Kimberley finished 7th with her throw of 8.96 metres.

Julia Parker placed 10th in the 13 years Girls Javelin event with her best throw of 25.75 metres.

Cassie Hewitt secured 8th place in the 14 years Girls Discus event with her throw of 29.50 metres. In her Javelin event Cassie finished 7th with her throw of 27.82 metres. Cassie finished 16th in her Long Jump event with her leap of 4.26 metres.

James Bergfield finished in 7th place in his heat of the 13 years Boys 800 metres event in a time of 2 mins 26.35 secs. In his 1500 metres event James finished 9th in a time of 4 mins 56.81 secs.

Olivia McConnell finished 9th in the 17 years Girls Heptathlon event with a total of 2722 points.

100m Hurdles	High Jump	Shot Put	200 Metres	Long Jump	Javelin Throw	800 metres	Total
17.63 secs	1.43m	7.13m	30.59 secs	4.07m	23.03m	3:20.72	
527	544	343	442	324	345	197	2722

Madeline Campbell finished in 10th place in the 13 years Girls 1500 metres event in a time of 5 mins 24.34 secs.

Oliver Wenderski qualified for the final of the 14 years Boys 100 metres event in a time of 11.86 seconds (tailwind of 1.0 metres/sec). In the final Ollie finished in 7th place in a time of 11.94 seconds (tailwind of 0.8 metres/sec). Both of these times are personal best times for Ollie.

25. Ryde Centre Championships

The Ryde Centre Championships were held on Sunday, 28th October with some 37 athletes participating. During the morning some 10 new Centre Records were established (Tara Vance, Maddy Bergfield, Sue Gore (2), Tara Millgate, Julia Parker, Cassie Hewitt, Andrew Atkinson-Howatt, Lloyd Parker and Len Pearce. In fact Lloyd Parker broke a best ever record in the Under 18 Boys Javelin event.

26. NSW Relay Championships

The State Relays were held over the weekend of 17th and 18th November where we had a total of 5 teams competing.

Our Under 14 Girls 4 x 800 metre Relay Team finished 8th in a time of 10 mins 42.89 secs. This team comprised Tara Vance, Phoebe Saxon, Catherine Penrose and Maddy Campbell.

Our Under 16 Girls 4 x 100 metre Relay Team finished 5th in their heat in a time of 54.08 seconds to squeak into the final. In the final the girls finished 7th in a time of 53.93 seconds. This team comprised Kathleen Tay, Stephia Hill, Erin Ortado and Sarah Dillon.

Our Open Women's 4 x 800 metres Relay Team finished in 5th place in their event in a time of 10 mins 04.43 secs. This team comprised Tara Millgate, Jessie O'Brien, Katie Jameson and Natalie Jukic.

Sue Gore competed in various Masters' teams and returned a haul of 2 gold medals, 1 silver medal and 1 bronze medal for her efforts over the weekend.

SENIORS REPORT

Andrew Atkinson-Howatt won a silver medal with the NSW Masters team in the Open Men's Shot Put Relay event.

Our Under 18 Men's 4 x 100 metres Relay Team won their heat in the fastest time of 43.05 seconds. Unfortunately they did not contest the final. This team comprised Clinton McEwan, John Pearce, Jason Chen and Len Pearce.

Our Open Men's 4 x 400 metres Relay Team finished 7th in their event in a time of 3 mins 34.92 secs. This team comprised Brett Jovanovich, Greg Boyce, Wei Liak, and Nick Walker.

Our Open Men's 4 x Long Jump Relay Team won the silver medal in this event with a total leap of 26.12 metres. Their individual results were John Pearce – 6.66 metres, Brett Jovanovich – 6.64 metres, Len Pearce – 6.57 metres and Clinton McEwan – 6.25 metres.

27. Australian All Schools Championships

The Australian All Schools Championships were held at Homebush from Thursday, 6th to Sunday, 9th December, 2007. Despite a severe thunderstorm on the Friday afternoon which held up the carnival for 50 minutes the overall weather conditions were quite good.

We were represented by 7 of our athletes at this prestigious carnival and their placings consisted of 3 gold medals, 1 silver medal, 2 bronze medals, 1 4th placing, 1 8th placing, 1 10th placing, 1 14th placing and 2 17th placings.

Len Pearce won the gold medal in the Under 17 Boys Long Jump title in an extremely close contest. Going into the last jump Len and his Victorian competitor both had best jumps of 6.82, 6.81 and 6.80 metres. With his final jump Len put the result beyond doubt with a personal best leap of 6.89 metres. Len added a further gold medal to his tally with a win in the Under 17 Boys Triple Jump event with another personal best jump of 14.29 metres.

Michael Todd won the gold medal in the Under 16 Boys 800 metres event in a personal best time of 1 min 55.99 secs. When the race settled down after 100 metres Michael was 8th and sat in this position for the next 600 metres. With 200 metres to go Michael started his run and had moved to 5th with 90 metres to go. Michael then raised a further effort to hit the front in the last 15 metres to become the Australian champion. The previous day, Michael won the bronze medal in the 1500 metres event when he clocked another personal best time to dip under the four minute barrier. Michael's time was 3 mins 59.89 secs.

John Pearce produced a personal best time of 10.82 seconds in winning his heat of the Under 17 Boys 100 metres. In the final John produced a fine start to lead the race for all but the last 15 metres when he was just overtaken by his team mate and had to settle for the silver medal in the same time as his heat time. In the Under 17 Boys Long Jump event John finished 3rd with his leap of 6.64 metres.

Jessie O'Brien competed in 3 events at these Championships and produced personal best times on each occasion. In the Under 17 Girls 2000 metres Steeplechase event Jessie finished 4th in a time of 7 mins 20.07 secs. This time was 15 seconds better than she had ever before run. In the 3000 metres event Jessie finished 8th in a time of 10 mins 37.41 secs. In her 1500 metres event Jessie finished 10th in a time of 4 mins 49.86 secs.

Tara Vance had qualified for the Under 14 Girls 400 metres and 800 metres events as well as the Under 15 Girls 2000 metres Steeplechase event. As all of these events were to be held on the Thursday with only 3 hours between the three events Tara chose to forgo the middle event – the 800 metres. In her heat of the Under 14 Girls 400 metres event Tara ran a personal best time of 61.81 seconds in finishing 6th in her heat and 20th overall of the 28 competitors. Tara then lined up 3 hours later for the Under 15 Girls 2000 metres Steeplechase event to finish 14th in a time of 7 mins 55.56 secs.

Madeline Campbell had also qualified for the Under 15 Girls 2000 metres Steeplechase event and finished in 17th place (19 competitors) in a personal best time of 8 mins 08.21 secs.

Cameron Borwick contested the Under 16 Boys 2000 metres Steeplechase event. In a bold move Cameron led for the 1st 2 laps but found the pace too hot to eventually finish 17th (23 competitors) in a time of 6 mins 45.42 secs.

SENIORS REPORT

28. Australian Schools Knockout

The Australian Schools Knockout competition was held at Homebush on Monday, 10th December and we were represented by Cameron Borwick who was competing for Trinity in the 1500 metres event.

Cameron Borwick won his 1500 metres event in a personal best time of 4 mins 20.21 secs.

29. NSW Under Age Steeplechase Championships

At the NSW Under Age Steeplechase Championships we were represented by 1 competitor.

Tara Vance won her first NSW title when she produced a 16 second personal best performance to take out the Under 16 2000 metre Steeplechase event. Her event commenced with a total of 9 competitors contesting the Under 16, Under 18 and Under 20 Steeplechase events. Tara initially settled in 6th position and after a lap she had moved to 3rd and then 2nd in the entire field. With a lap to go Tara was relegated to 3rd overall, but 1st Under 16, and held this position to the finish line to claim her title in a time of 7 mins 38.8 secs.

30. NSW Masters Combined Event Championships

At the NSW Combined Events Championships we were represented by 2 competitors.

Andrew Atkinson-Howatt was a clear winner in his age group setting 3 new Club Records and equalling 1 more in his Pentathlon event.

Long Jump	Javelin	200 metres	Discus	1500 metres	Total
3.71m	45.48m	29.37 secs	39.44m	6:25.2	
317	710	579	653	403	2662

Sue Gore also was a clear winner in her age group Pentathlon event.

Long Jump	Javelin	200 metres	Discus	800 metres	Total
2.94m	12.81m	31.51 secs	16.06m	2:48.2	
150	214	632	264	613	1873

31. NSW Under 18 & Open Championships

At the NSW Open and Under 18 Championships we were represented by some 6 competitors.

Jessie O'Brien won a bronze medal in the Under 18 Girls 1500 metres event in a time of 4 mins 51.83 secs. In the 3000 metres event Jessie finished 6th in a time of 11 mins 02.21 secs.

Rachael Jackson finished 3rd in her heat of the Open Women's 100 metres event in a time of 12.33 secs (headwind of 2.6 metres/sec) to qualify for the final. In the final Rachael finished in 8th place in a time of 12.18 secs (headwind of 0.8 metres/sec).

Lauren Sherry finished 4th in her heat of the Open Women's 100 metres event in a time of 12.62 secs (headwind of 1.8 metres/sec).

Michael Todd won the Under 18 Men's 800 metres event in a time of 1 min 56.60 secs. Michael was content to sit back in 2nd position for all but the last 70 metres when he kicked to the front and won convincingly. In the 1500 metres event Michael led all the way for yet another convincing win in a time of 4 mins 03.57 secs.

SENIORS REPORT

Brett Jovanovich contested the heats of the Open Men's 100 metres event to finish 4th in his heat and qualify for the final in a time of 11.09 seconds (headwind of 1.2 metres/sec). In the final Brett finished in 8th place in a time of 11.03 seconds (headwind of 1.7 metres/sec).

John Pearce won his heat of the Under 18 Boys 100 metres event in a time of 11.30 seconds (headwind of 2.3 metres/sec). In the final John claimed the bronze medal in a time of 11.13 seconds (headwind of 0.7 metres/sec).

32. Little A's Regional Carnival

At the Little A's Regional Carnival held at Blacktown over the weekend of 16th & 17th February we were represented by 11 competitors. To qualify for the Little A's State titles it was necessary to secure at least a 4th placing.

Patrick Kelland won the Under 13 Boys Javelin event with a personal best throw of 28.41 metres. In his 800 metres event Patrick finished 7th in a time of 2 mins 28.4 secs. In his 1500 metres event Patrick was 5th in a pb of 5 mins 01.8 secs and was again 5th in the 3000 metres event in a pb of 10 mins 58.5 secs.

James Bergfield finished 4th in the Under 14 Boys 3000 metres run in a pb time of 10 mins 38.7 secs. In his 800 metres event James finished 6th in a time of 2 mins 31.4 secs. whilst in his 1500 metres event James was again 6th in a time 4 mins 58.9 secs.

Ben Cox finished 2nd in the Under 14 Boys Triple Jump with his leap of 11.05 metres.

Oliver Wenderski placed 5th in the Under 15 Boys 100 metres event in a time of 12.4 seconds.

Daniel Jukic finished 5th in the Under 15 Boys Shot Put event with his throw of 8.05 metres. In his Javelin event Daniel finished 8th with his throw of 26.69 metres.

Maddy Bergfield finished 4th in the Under 12 Girls Discus event with her throw of 25.68 metres. In her Shot Put event Maddy finished 6th with her throw of 9.87 metres.

Tara Vance produced a 1.4 second pb time of 60.3 seconds in finishing 3rd in the Under 14 Girls 400 metres event. In her 800 metres event Tara produced another pb performance in finishing 2nd in a time of 2 mins 22.2 secs.

Natalie Jukic finished 15th in the Under 14 Girls 1500 metres event in a time of 6 mins 14.9 secs.

Ellen Russell produced a personal best performance in finishing 7th in the Under 14 Girls Discus event with a throw of 27.05 metres.

Cassie Hewitt won the Under 14 Girls Javelin event with her throw of 27.90 metres. In her Long Jump event Cassie finished 4th with her leap of 4.61 metres. In her Discus event Cassie finished in 3rd position with her throw of 34.28 metres.

Kathleen Tay finished 3rd in the Under 15 Girls Triple Jump event with her leap of 10.18 metres. In her Long Jump event Kathleen finished 4th with her leap of 4.57 metres.

33. NSW Under 16, Under 20 and Under 23 Championships

At the NSW Under 16, Under 20 and Under 23 Championships we were represented by 7 competitors.

Michael Todd finished 3rd in his heat of the Under 20 800 metres event to qualify for the final in a time of 1 min 58.92 secs. In the final Michael finished 5th in a time of 1 min 57.33 secs. In the 1500 metres final Michael finished in 6th place in a time of 4 mins 01.16 secs.

Geoff Avery finished 5th in his heat of the Under 23 Men's 200 metres event to qualify for the final in a time of 23.55 seconds (tailwind of 0.2 metres/sec). In the final Geoff backed up well to finish 9th in a time of 23.65 seconds (tailwind of 1.7 metres/sec). Geoff ran a big personal best time of 51.93 seconds in finishing 4th in the final of the Under 23 Men's 400 metres event.

Julia Parker finished 5th in the Under 16 Women's Javelin event with her throw of 24.76 metres.

Lloyd Parker finished 8th in the Under 20 Men's Javelin event with his throw of 41.99 metres.

SENIORS REPORT

Brett Jovanovich won his heat of the Under 23 Men's 100 metres event in a time of 10.87 secs (headwind of 1.0 metres/sec). In the final Brett won the silver medal with his run of 10.89 seconds (headwind of 1.4 metres/sec).

Katie Jameson won the silver medal in the Under 23 Women's 1500 metres event in a time of 5 mins 14.78 secs.

Tara Vance finished just outside the medals in finishing 4th in the Under 16 Women's 400 metres event in a personal best time of 59.76 seconds. This time qualified Tara for the National titles in November/December of this year.

34. NSW Little A's Multi-Event Championships

At the NSW Little A's Multi-Event Championships held at Orange on 2nd & 3rd March we were represented by 1 competitor.

Cassie Hewitt finished 6th in the Under 14 Girls event with a total of 5144 points. Cassie's individual results are listed below:-

Shot Put		Long Jump		Discus		High Jump		Hurdles		200 metres		800 metres		Total
Dist	Pts	Dist	Pts	Dist	Pts	Height	Pts	Time	Pts	Time	Pts	Time	Pts	
9.48	899	4.59	812	33.72	843	1.25	616	14.80	811	30.40	674	3.13.0	489	5144

35. NSW Masters Championships

At the NSW Masters Championships held at Homebush over the weekend of 8th & 9th March we were represented by 4 competitors.

Andrew Atkinson-Howatt won a silver medal in the 50-54 Men's Hammer Throw event with his throw of 32.96 metres. In his Javelin event Andrew struck gold with his throw of 46.98 metres. Andrew won a bronze medal in his Shot Put event with his throw of 9.96 metres. In his Discus event Andrew added a further gold medal with his winning throw of 37.19 metres.

Sue Gore won a silver medal in the 45-49 Women's 1500 metres event in a time of 5 mins 32.70 secs. This time smashes our Veterans' record.

Rachael Jackson won the 30-34 Women's 100 metres Championship in a season's best time of 11.99 seconds (tailwind of 2.1 metres/sec).

Neil Holmes finished in 5th place in the 45-49 Men's 100 metres event in a time of 13.28 seconds. In his 60 metres event Neil finished in 6th position with his time of 8.36 seconds (tailwind of 1.8 metres/sec).

36. Australian Capital Territory Championships

The Australian Capital Territory Championships were held over the weekend of 7th – 9th March and our Centre was represented by a total of 10 athletes.

Jessie O'Brien won a silver medal in the Under 18 Women's 800 metres in a personal best time of 2 mins 23.24 secs. In her 1500 metres event Jessie won gold in a time of 5 mins 01.30 secs. Jessie collected a second silver medal in her 2000 metres Steeplechase event in a time of 7 mins 42.50 secs.

Tara Vance finished 5th in her heat of the Under 16 Women's 100 metres event in a personal best time of 13.65 seconds (tailwind of 1.1 metres/sec). In her 200 metres heat Tara finished in 4th place in a time of 28.29 seconds (headwind of 1.6 metres/sec). In her 400 metres event Tara finished 2nd in a time of 60.47 seconds. Tara finished 5th in her 800 metres event in a time of 2 mins 26.33 secs. In her Long Jump event Tara finished 4th with her leap of 4.31 metres and secured another 4th placing in her Triple Jump event with her leap of 9.96 metres.

Madeline Campbell snared a gold medal in the Under 16 Women's 2000 metres Steeplechase event in a time of 8 mins 30.61 secs. In her 1500 metres event Maddy finished 7th in a time of 5 mins 28.54

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secs. Maddy finished 6th in the Long Jump with her leap of 3.76 metres. In her 100 metres event Maddy recorded a time of 14.94 seconds.

Kimberley Lowe won a gold medal in the Under 16 Women's Shot Put with her throw of 8.00 metres. In her Discus event Kimberley added a further gold medal to her tally with a throw of 26.81 metres. Kimberley also struck gold in her Hammer Throw event with a throw of 19.33 metres. In her Triple Jump event Kimberley finished 5th with her leap of 8.15 metres and finished 6th in the Long Jump with her leap of 4.05 metres.

Brett Jovanovich finished 4th in his heat of the Open Men's 100 metres event in a personal best time of 10.85 seconds (tailwind of 0.1 metres/sec). In the final Brett finished in 7th place in a time of 10.87 seconds (headwind of 0.7 metres/sec).

Geoff Avery secured a silver medal in the Open Men's 400 metres event with his time of 52.15 seconds.

John Pearce won the gold medal in the Under 18 Men's 100 metres event in a time of 10.85 seconds (tailwind of 1.0 metres/sec). In his Long Jump event John secured the silver medal with his leap of 6.39 metres.

Clinton McEwan won a gold medal in the Under 18 Men's High Jump event with his leap of 1.80 metres. In his 110 metres Hurdles event Clinton secured a further gold medal in a time of 15.45 seconds. Clinton secured the bronze medal in his Long Jump event with his leap of 5.98 metres. In his 100 metres final Clinton snared the bronze medal with a personal best time of 11.59 seconds.

Jason Chen won a bronze medal in the Under 18 Men's 400 metres event in a time of 55.37 seconds. In his 100 metres final Jason finished in 5th place in a time of 11.96 seconds.

Len Pearce, despite an ankle injury, won the gold medal in the Under 18 Men's Long Jump event with his leap of 6.46 metres. In his Triple Jump event Len won his 2nd gold medal with his leap of 13.47 metres.

Once again a very happy and successful time was had by all who attended this meet. The highlight was provided by our Under 18 Boys who took all medals in their Long Jump event.

Our total medal haul was 10 gold medals, 5 silver medals and 3 bronze medals.

37. Australian All Schools Under 20 & Australian Under 23 Championships

At the Australian All Schools Under 20 and Australian Under 23 Championships held at Griffith University on the Gold Coast we were represented by 2 competitors.

Brett Jovanovich finished 3rd in his heat of the Under 23 Men's 100 metres event in a personal best time of 10.80 seconds (headwind of 0.9 metres/sec). In the final Brett smashed this time, running a sensational race, to finish equal 4th in the time of 10.63 seconds (tailwind of 2.2 metres/sec).

Michael Todd finished 13th overall in the Under 20 Men's 1500 metres event in a time of 4 mins 02.88 secs.

38. NSW Little A's Championships

At the NSW Little A's Championships held at Homebush over the weekend of 15th and 16th March we were represented by 6 competitors.

Tara Vance won the silver medal in the Under 14 Girls 800 metres event in a personal best time of 2 mins 20.13 secs. Despite being in 6th place after 130 metres Tara ran into 2nd position with 440 metres to go – the position she maintained to the finish line. In her 400 metres heat run the previous day Tara finished 4th in a time of 60.63 seconds. Tara was unable to reproduce this time in the final finishing 8th in a time of 61.81 seconds. For the National Titles to be held in Canberra at the end of the year Tara has now run qualifiers in the 400 metres, 800 metres and 2000 metres Steeplechase events.

Cassie Hewitt finished 3rd in the Under 14 Girls Javelin event with her throw of 30.28 metres. In her Discus event Cassie finished 5th with her throw of 35.53 metres. Cassie finished in 11th place in her Long Jump event with her leap of 4.55 metres.

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Patrick Kelland finished 6th in the Under 13 Boys Javelin event with his big personal best throw of 31.85 metres.

Kathleen Tay finished in 6th Place in the Under 15 Girls Triple Jump event with her leap of 10.74 metres. In her Long Jump event Kathleen finished 11th with her best jump of 4.50 metres.

James Bergfield finished 8th in the Under 14 Boys 3000 metres event in a personal best time of 10 mins 29.43 secs.

Ben Cox finished 9th in the Under 14 Boys Triple Jump with his leap of 10.65 metres.

39. Australian Masters Championships

At the Australian Masters Championships held at Blacktown over the 4 days of the Easter weekend we were represented by 3 competitors.

Andrew Atkinson-Howatt competed in all the individual throws events as well as both the Pentathlon and Weight Pentathlon events.

In the Hammer Throw event Andrew finished in 4th place with his throw of 33.60 metres. In his Shot Put event Andrew again finished 4th with his throw of 10.54 metres. Andrew won the gold medal in his Javelin event with his throw of 43.27 metres. In his Discus event Andrew won a bronze medal with his successful throw of 35.94 metres. In his Weight Throw event Andrew finished in 4th place with his throw of 11.97 metres. Andrew finished with a silver medal in his Weight Pentathlon event with his total score of 2998 points. Andrew won the gold medal in his Pentathlon event – details are below:-

Long Jump		Javelin		200m		Discus		1500m		Total
Dist	Pts	Dist	Pts	Time	Pts	Dist	Pts	Time	Pts	Pts
3.75	326	44.44	690	28.88	614	37.07	605	6:19.13	429	2664

Neil Holmes finished 9th in his 60 metre event in a time of 8.49 seconds. In his High Jump event Neil finished with the silver medal courtesy of his successful clearance at 1.40 metres. Neil finished 6th in his 100 metres event with his time of 13.23 seconds (headwind of 1.7 metres/sec).

Paul Stinson, in only his 3rd run of the season, continued to run personal best times. This time it was in his 100 metres event in which he finished 7th in a time of 12.59 seconds (headwind of 1.3 metres/sec).

40. Stawell Gift

At the Stawell Gift meeting in Victoria held over the Easter long weekend our Centre was represented by 1 competitor.

Brett Jovanovich made the semi-finals of both the Gift and the 70 metres event. Brett's results are listed below:-

70 metres – Heat 16 1st in a time of 7.677 seconds off 2.5 metres
Semi-final 5th in a time of 7.739 seconds off 2.5 metres
120 metres – Heat 15 3rd in a time of 12.604 seconds off 5 metres
Semi-final 7th in a time of 12.523 seconds off 5 metres.

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<u>100 metres</u>				<u>1500 metres</u>			
Under 12	David Forster	13.5h	82/83	Under 12	David Forster	4.53.3h	82/83
Under 13	Gareth Smith	12.9h	93/94	Under 13	David Forster	4.42.4h	83/84
Under 14	Matthew Crooks	12.6h	97/98	Under 14	Kevin Laws	4.28.4h	85/86
Under 15	Len Pearce	11.45	05/06	Under 15	Michael Todd	4.07.18	06/07
Under 16	John Pearce	11.18	06/07	Under 16	Michael Todd	3.59.89	07/08
Under 18	John Pearce	10.82	07/08	Under 18	Will Devjak	3.53.51	00/01
Under 20	Glen McCarthy	10.81	88/89	Under 20	Will Devjak	3.55.29	00/01
Open	Brett Jovanovich	10.63	07/08	Open	Will Devjak	3.51.28	03/04
Vet 30-39	Carl Casaclang	11.63	01/02	Vet 30-39			
Vet 40-49	Peter Collins	11.9h	95/96	Vet 40-49	Colin Richardson	4.27.0h	90/91
Vet 50+	Andrew Atkinson-Howatt	13.7h	07/08	Vet 50+	Andrew Atkinson-Howatt	6.19.39	07/08
<u>200 metres</u>				<u>3000 metres</u>			
Under 12	David Forster	29.7h	82/83	Under 12	Will Devjak	10.35.1h	94/95
Under 13	Gareth Smith	28.2h	93/94	Under 13	Peter Cotton	10.37.52	86/87
Under 14	Ian Pereira	25.15	84/85	Under 14	Will Devjak	10.06.3h	95/96
Under 15	John Pearce	23.61	05/06	Under 15	Christopher Mills	9.22.19	87/88
Under 16	John Pearce	22.1h	06/07	Under 16	Christopher Mills	9.08.15	88/89
Under 18	Glen McCarthy	21.74	87/88	Under 18	Will Devjak	8.55.9h	99/00
Under 20	Glen McCarthy	21.69	88/89	Under 20	Christopher Mills	8.41.2h	92/93
Open	Glen McCarthy	20.96	92/93	Open	Christopher Mills	8.34.8h	93/94
Vet 30-39	John Larkin	23.43	93/94	Vet 30-39	Richard Sarkies	9.13.6h	00/01
Vet 40-49	Peter Collins	25.18	94/95	Vet 40-49	Colin Richardson	9.43.1h	90/91
Vet 50+	Andrew Atkinson-Howatt	28.88	07/08	Vet 50+			
<u>400 metres</u>				<u>5000 metres</u>			
Under 12	David Forster	63.2h	82/83	Under 18	Christopher Mills	17.48.0h	90/91
Under 13	David Forster	62.7h	83/84	Under 20	Christopher Mills	15.47.53	91/92
Under 14	Ian Pereira	60.5h	84/85	Open	Christopher Mills	15.11.22	93/94
Under 15	David Forster	53.01	85/86	Vet 30-39	Ray Wareham	15.56.32	04/05
Under 16	Neville Stanton	51.50	99/00	Vet 40-49	John Walton	17.15.7h	92/93
Under 18	Glen McCarthy	49.10	87/88	Vet 50+			
Under 20	Glen McCarthy	49.30	88/89				
Open	Glen McCarthy	47.56	95/96	<u>2000 metres Steeplechase</u>			
Vet 30-39	Greg Boyce	52.72	06/07	Under 13	Peter Cotton	9.17.6h	86/87
Vet 40-49	Andrew Della-Porta	58.5h	91/92	Under 14	Patrick Kelland	7.37.73	07/08
Vet 50+	Andrew Atkinson-Howatt	66.72	07/08	Under 15	Will Devjak	6.40.2h	97/98
				Under 16	Will Devjak	6.20.1h	98/99
<u>800 metres</u>				Under 18	Will Devjak	5.53.46	00/01
Under 12	Will Devjak	2.19.1h	94/95	Under 20	Christopher Mills	6.04.4h	91/92
Under 13	Will Devjak	2.18.4h	95/96				
Under 14	Kevin Laws	2.10.75	85/86				
Under 15	David Forster	2.00.23	85/86	<u>3000 metres Steeplechase</u>			
Under 16	Michael Todd	1.55.99	07/08	Under 18	Will Devjak	9.23.63	00/01
Under 18	Will Devjak	1.54.5h	99/00	Under 20	Christopher Mills	9.33.49	92/93
Under 20	Will Devjak	1.50.3h	02/03	Open	Will Devjak	9.23.63	00/01
Open	Will Devjak	1.48.56	03/04	Vet 50+			
Vet 30-39	Greg Boyce	1.58.48	05/06				
Vet 40-49	Colin Richardson	2.10.7h	90/91				
Vet 50+							

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MALE (as at 31/03/08)

<u>1500 metres Walk</u>				<u>110 metres Hurdles</u>			
Under 12	David Forster	8.51.4h	82/83	Under 17	Brian Chappell	15.15	96/97
Under 13	David Forster	9.00.2h	83/84	Under 18	Craig Birdsall	15.10	98/99
Under 14	Michael Cooper	10.35.1h	88/89	Under 20	Brad Adams	19.4h	91/92
Under 15	Matthew Spackman	8.49.9h	88/89	Open	Craig Birdsall	15.10	98/99
Under 16	Adam Page	8.35.2h	91/92	Vet 30-39	Chris Norris	19.4h	94/95
Under 18	Adam Page	10.35.7h	92/93	Vet 40-49	Peter Collins	16.3h	93/94
Under 20				Vet 50+	Peter Collins	16.7h	01/02
Open	Graham Walsh	6.54.0h	91/92				
Vet 30-39	Graham Walsh	7.41.9h	93/94				
Vet 40-49	John Barbuto	9.54.4h	88/89	<u>200 metres Hurdles</u>			
Vet 50+				Under 12	Will Devjak	33.9h	94/95
				Under 13	Adam Hoey	34.3h	91/92
				Under 14	Brian Chappell	30.6h	93/94
<u>3000 Metres Walk</u>				Under 15	Brian Chappell	26.04	94/95
Under 12	Shannon Wolfers	20.28.8h	92/93	Under 16	Craig Birdsall	27.39	98/00
Under 13	Michael Jones	17.55.1h	86/87	Under 18	Craig Birdsall	25.4h	99/00
Under 14	Michael Jones	16.51.0h	87/88	Vet 40-49	John Barbuto	57.4h	89/90
Under 15	Matthew Spackman	16.35.0h	88/89				
Under 16							
Under 18				<u>300 metres Hurdles</u>			
Under 20				Under 12	Peter Cotton	54.6h	85/86
Open	Graham Walsh	14.45.3h	91/92	Under 13	Grant Mitchell	54.8h	85/86
Vet 30-39	Graham Walsh	16.33.5h	93/94	Under 14			
Vet 40-49	George Parsons	21.24.0h	90/91	Under 15	Kevin Laws	47.5h	85/86
Vet 50+				Under 16	Brian Chappell	40.45	95/96
				Under 18	Brian Chappell	39.16	96/97
				Vet 40-49	Peter Collins	43.9h	95/96
<u>80 metres Hurdles</u>				Vet 50+	Peter McEnearney	49.9h	93/94
Under 12	Peter Cotton	15.7h	85/86				
Under 13	Adam Hoey	13.47	91/92	<u>400 metres Hurdles</u>			
				Under 12	Peter Cotton	84.2h	85/86
				Under 13	Grant Mitchell	86.3h	85/86
<u>90 metres Hurdles</u>				Under 16	Craig Birdsall	59.3h	98/99
Under 14	Brian Chappell	13.29	93/94	Under 18	Craig Birdsall	55.31	00/01
Under 15	Brian Chappell	14.6h	94/95	Under 20	Craig Birdsall	55.1h	00/01
Vet 50+	Peter McEnearney	15.6h	93/94	Open	Brian Chappell	55.12	01/02
				Vet 30-39	Ken Smith	67.6h	91/92
				Vet 40-49	Peter Collins	59.62	92/93
<u>100 metres Hurdles</u>				Vet 50+	Peter Collins	64.5h	01/02
Under 14	Grant Mitchell	16.72	86/87				
Under 15	Brian Chappell	14.57	94/95	<u>Multi-Event</u>			
Under 16	John Pearce	13.57	06/07	Under 16	Brian Chappell	4299 pts	95/96
Under 18	Chris Butt	15.7h	83/84				
Under 20	Warren Gray	15.5h	83/84	<u>Decathlon</u>			
Vet 30-39	Ken Smith	17.5h	91/92	Under 18	Brian Chappell	5328 pts	96/97
Vet 40-49	Peter Collins	15.2h	95/96	Under 20	Brent Page	4370 pts	92/93
Vet 50+	Peter McEnearney	19.47	93/94	Open	Brian Chin	5205 pts	93/94
<u>Pentathlon</u>				<u>Weight Pentathlon</u>			
Vet 35-39				Vet 35-39	Jeff Hailey	3175 pts	98/99
Vet 40-44	Andrew Atkinson-Howatt	2512 pts	01/02	Vet 40-44	Jeff Hailey	3416 pts	01/02
Vet 45-49	Andrew Atkinson-Howatt	2595 pts	05/06	Vet 45-49	Mark Johnston	3017 pts	00/01
Vet 50+	Andrew Atkinson-Howatt	2664 pts	07/08	Vet 50+	Andrew Atkinson-Howatt	3030 pts	07/08

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<u>Shot Put</u>				<u>Pole Vault</u>			
Under 12	Alan Menin	10.52m	85/86	Under 13	Peter Cotton	1.80m	86/87
Under 13	David Page	9.15m	91/92		Michael Jones	1.80m	86/87
Under 14	Michael West	11.60m	89/90	Under 14	Michael Jones	2.00m	87/88
Under 15	David Forster	12.12m	85/86	Under 15	Brian Chappell	2.00m	94/95
Under 16	David Forster	11.66m	86/87	Under 16	Glyn Henman	2.40m	83/84
Under 18	Paul Menin	13.50m	85/86	Under 18	Brian Chappell	2.30m	95/96
Under 20	Brent Page	11.33m	93/94	Under 20	Brendan Mills	3.00m	93/94
Open	Jeff Hailey	14.86m	98/99	Open	Ray Brookes	3.20m	96/97
Vet 30-39	Jeff Hailey	14.86m	98/99	Vet 30-39	Ray Brookes	3.20m	96/97
Vet 40-49	Jeff Hailey	14.43m	01/02	Vet 50+			
Vet 50+	Andrew Atkinson-Howatt	10.86m	06/07				
<u>Discus</u>				<u>High Jump</u>			
Under 12	Alan Menin	27.52m	85/86	Under 12	David Forster	1.38m	82/83
Under 13	Peter Cotton	25.50m	86/87	Under 13	Andrew Crews	1.67m	85/86
Under 14	David Forster	31.02m	84/85	Under 14	Andrew Crews	1.63m	86/87
Under 15	Mua Morris	41.23m	03/04	Under 15	Michael Dunne	1.73m	97/98
Under 16	Calum Winsor	45.98m	03/04	Under 16	Rory Tarnow-Mordi	1.77m	06/07
Under 18	Paul Menin	44.22m	85/86	Under 18	Michael Dunne	1.85m	99/00
Under 20	Brent Page	33.60m	92/93	Under 20	Kari Bergsson	1.80m	04/05
Open	Jeff Hailey	41.32m	98/99	Open	Zoltan Budimcevic	2.00m	93/94
Vet 30-39	Jeff Hailey	41.32m	98/99	Vet 30-39	John Larkin	1.60m	95/96
Vet 40-49	Jeff Hailey	39.12m	01/02	Vet 40-49	Peter Collins	1.65m	90/91
Vet 50+	Andrew Atkinson-Howatt	39.44m	07/08	Vet 50+	Peter Collins	1.53m	01/02
<u>Javelin</u>				<u>Long Jump</u>			
Under 12	Peter Cotton	21.16m	85/86	Under 12	Geoff Davies	5.30m	85/86
Under 13	Will Devjak	26.58m	95/96	Under 13	David Massey	5.34m	89/90
Under 14	Michael Jones	40.26m	87/88	Under 14	Matthew Crooks	5.57m	97/98
Under 15	Steve Capper	36.86m	85/86	Under 15	Len Pearce	6.17m	05/06
Under 16	Ben Gardiner	41.67m	03/04	Under 16	Len Pearce	6.61m	06/07
Under 18	Geoff Davies	48.18m	90/91	Under 18	Geoff Davies	6.95m	91/92
Under 20	Ben Gardiner	42.24m	06/07	Under 20	Geoff Davies	7.33m	92/93
Open	Jeff Hailey	56.20m	99/00	Open	Peter Parsons	7.35m	00/01
Vet 30-39	Jeff Hailey	56.20m	99/00	Vet 30-39	Andrew Jackson	5.93m	03/04
Vet 40-49	Jeff Hailey	55.47m	01/02	Vet 40-49	Peter Collins	5.98m	90/91
Vet 50+	Andrew Atkinson-Howatt	47.73m	07/08	Vet 50+	Andrew Atkinson-Howatt	3.75m	07/08
<u>Hammer</u>				<u>Triple Jump</u>			
Under 12	Patrick Kelland	16.27m	06/07	Under 12	David Massey	9.74m	88/89
Under 13	David Page	17.92m	91/92	Under 13	Geoff Davies	10.60m	86/87
Under 14	Peter Cotton	24.18m	87/88	Under 14	Matthew Williams	11.10m	92/93
Under 15	Lloyd Parker	24.14m	05/06	Under 15	Len Pearce	13.17m	05/06
Under 16	Glyn Henman	35.20m	83/84	Under 16	Len Pearce	14.12m	06/07
Under 18	Paul Menin	45.44m	85/86	Under 18	Len Pearce	14.29m	07/08
Under 20	Andrew Jackson	27.52m	90/91	Under 20	Geoff Davies	14.04m	92/93
Open	Jeff Hailey	41.47m	98/99	Open	Greg Wiencke	15.61m	00/01
Vet 30-39	Jeff Hailey	41.47m	98/99	Vet 30-39	Andrew Jackson	11.38m	03/04
Vet 40-49	Bob Bowker	40.11m	01/02	Vet 40-49	Peter Collins	12.48m	90/91
Vet 50+	Andrew Atkinson-Howatt	35.62m	06/07	Vet 50+			
<u>Weight</u>							
Vet 50+	Andrew Atkinson-Howatt	13.78m	06/07				

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100 Metres

Under 12	Jamie Casaclang	13.1h	00/01
Under 13	Rachael Massey	12.96	88/89
Under 14	Annaliese Gardiner	12.36	05/06
Under 15	Rachael Massey	12.23	90/91
Under 16	Rachael Massey	12.15	91/92
Under 18	Rachael Massey	11.87	93/94
Under 20	Rachael Massey	11.85	95/96
Open	Rachael Massey	11.42	99/00
Vet 28-34	Rachael Jackson	12.18	05/06
Vet 35+	Sharon Aldridge	13.1h	94/95

1500 Metres

Under 12	Larissa West	5.15.2h	88/89
Under 13	Elizabeth Cotton	5.03.18	87/88
Under 14	Lucy Starrat	5.00.6h	01/02
Under 15	Lucy Polkinghorne	4.49.6h	00/01
Under 16	Lucy Polkinghorne	4.47.42	01/02
Under 18	Lucy Polkinghorne	4.47.42	03/04
Under 20	Katie Jameson	4.59.62	06/07
Open	Maxine Poor	4.19.8h	83/84
Vet 28-34	Anne Francis	7.23.8h	88/89
Vet 35+	Suzanne Gore	5.52.6h	07/08

200 Metres

Under 12	Jamie Casaclang	27.2h	00/01
Under 13	Jamie Casaclang	26.0h	01/02
Under 14	Rachael Massey	25.78	89/90
Under 15	Rachael Massey	25.17	90/91
Under 16	Jamie Casaclang	24.71	04/05
Under 18	Merryn Aldridge	24.65	99/00
Under 20	Vicky Piggin	24.39	94/95
	Merryn Aldridge	24.39	99/00
Open	Rachael Massey	23.62	96/97
Vet 28-34	Rachael Jackson	24.71	07/08
Vet 35+	Sharon Aldridge	27.10	94/95

3000 Metres

Under 12	Megan Cotton	12.02.7h	87/88
Under 13	Lisa Collins	11.27.7h	92/93
Under 14	Lisa Collins	11.43.4h	93/94
Under 15	Lucy Polkinghorne	10.45.4h	00/01
Under 16	Lucy Polkinghorne	10.37.0h	00/01
Under 18	Jessie O'Brien	10.37.41	07/08
Under 20			
Open	Lucy Polkinghorne	10.37.0h	00/01
Vet 28-34			
Vet 35+			

400 Metres

Under 12	Jamie Casaclang	62.3h	00/01
Under 13	Jamie Casaclang	59.59	01/02
Under 14	Jamie Casaclang	58.51	02/03
Under 15	Jamie Casaclang	58.3h	03/04
Under 16	Tara Millgate	57.81	00/01
Under 18	Tara Millgate	55.68	01/02
Under 20	Tara Millgate	55.88	03/04
Open	Vicky Piggin	53.78	99/00
Vet 28-34			
Vet 35+	Margaret Chappell	65.8h	94/95

5000 Metres

Under 20	Christine Gosling	23.20.1h	92/93
Open	Yvette Cotton	19.10.7h	92/93

2000 Metres Steeplechase

Under 12	Elizabeth Cotton	9.35.0h	86/87
Under 13	Tara Vance	7.54.29	07/08
Under 14	Tara Vance	7.38.8h	07/08
Under 15	Lucy Polkinghorne	7.33.45	00/01
Under 16	Lucy Polkinghorne	7.33.34	01/02
Under 18	Lucy Polkinghorne	7.00.94	02/03
Under 20	Katie Jameson	7.45.70	06/07

800 Metres

Under 12	Larissa West	2.30.97	88/89
Under 13	Tara Vance	2.22.58	06/07
Under 14	Tara Vance	2.20.13	07/08
Under 15	Lucy Polkinghorne	2.20.06	00/01
Under 16	Megan Cotton	2.18.21	90/91
Under 18	Lucy Polkinghorne	2.15.06	03/04
Under 20	Tara Millgate	2.11.3h	04/05
Open	Julie Schwass	2.04.87	83/84
Vet 28-34	Anne Francis	3.10.2h	88/89
Vet 35+	Margaret Chappell	2.38.08	94/95

3000 Metres Steeplechase

Under 18	Lucy Polkinghorne	11.48.75	03/04
Under 20	Katie Jameson	12.02.17	06/07
Open	Katie Jameson	11.39.14	06/07

SENIORS REPORT

BEST PERFORMANCES ON RECORD BY RYDE ATHLETES SINCE 1982

WOMEN (as at 31/03/08)

1500 Metres Walk

Under 12	Natalie Cummings	7.38.54	85/86
Under 13	Natalie Cummings	8.21.4h	86/87
Under 14	Julie Davis	7.43.0h	82/83
Under 15	Carolyn Little	7.56.21	91/92
Under 16	Yvette Cotton	7.38.0h	86/87
Under 18	Sharon Cummings	7.19.0h	86/87
Under 20	Sharon Cummings	7.33.3h	87/88
Open	Sharon Cummings	7.19.0h	86/87
Vet 28-34	Anne Francis	10.50.0h	88/89
Vet 35+	Sue Curry	10.05.0h	91/92

100 Metres Hurdles

Under 12			
Under 13			
Under 14			
Under 15			
Under 16	Megan Cotton	16.47	91/92
Under 18	Tara Millgate	15.19	01/02
Under 20	Rasvinder Gill	14.62	04/05
Open	Lyndall Garling	14.12	83/84
Vet 28-34			
Vet 35+			

3000 Metres Walk

Under 12	Karen Hoey	16.44.4h	91/92
Under 13	Natalie Cummings	18.28.0h	86/87
Under 14	Natalie Cummings	17.22.0h	87/88
Under 15	Carolyn Little	17.13.4h	91/92
Under 16	Carolyn Little	17.54.1h	92/93
Under 18	Sharon Cummings	16.20.0h	85/86
Under 20	Yvette Cotton	17.09.6h	89/90
Open	Yvette Cotton	15.37.6h	93/94
Vet 28-34			
Vet 35+	Sue Curry	21.10.3h	89/90

200 Metres Hurdles

Under 12	Megan Cotton	35.7h	87/88
Under 13	Megan Cotton	34.1h	88/89
Under 14	Annaliese Gardiner	32.15	05/06
Under 15	Rachel Neylan	29.2h	96/97
Under 16	Shannon Arnott	29.72	02/03
Under 18	Jenny Horsfield	35.8h	87/88
Under 20	Jenny Horsfield	34.2h	88/89
Open			
Vet 28-34			
Vet 35+	Margaret Chappell	37.3h	89/90

5000 Metres Walk

Under 18	Carolyn Little	30.45.0h	94/95
Open	Yvette Cotton	27.17.8h	93/94

300 Metres Hurdles

Under 12			
Under 13			
Under 14			
Under 15	Rachel Neylan	45.41	96/97
Under 16	Megan Cotton	44.08	90/91
Under 18			
Under 20			
Open			
Vet 28-34			
Vet 35+	Sharon Aldridge	55.3h	94/95

80 Metres Hurdles

Under 12	Kate Harvey	14.83	86/87
Under 13	Jodie Boland	14.1h	85/86
Under 14	Annaliese Gardiner	12.59	05/06
Vet 35+	Sharon Aldridge	14.2h	94/95

90 Metres Hurdles

Under 12			
Under 13			
Under 14			
Under 15	Rachel Neylan	13.98	96/97
Under 16	Shannon Arnott	13.63	02/03
Under 18			
Under 20			
Open			
Vet 28-34			
Vet 35+			

400 Metres Hurdles

Under 12			
Under 13			
Under 14			
Under 15	Gunilla Rupp	70.1h	84/85
Under 16	Tara Millgate	65.21	00/01
Under 18	Tara Millgate	60.72	01/02
Under 20	Tara Millgate	60.41	04/05
Open	Tara Millgate	60.41	04/05
Vet 28-34			
Vet 35+	Sue Curry	89.8h	87/88

SENIORS REPORT

BEST PERFORMANCES ON RECORD BY RYDE ATHLETES SINCE 1982

WOMEN (as at 31/03/08)

Shot Put

Under 12	Megan Cotton	7.92m	87/88
Under 13	Megan Cotton	8.97m	88/89
Under 14	Suzy Della-Porta	9.74m	91/92
Under 15	Elizabeth Cotton	11.23m	90/91
Under 16	Laura Cornford	10.05m	03/04
Under 18	Laura Cornford	10.51m	04/05
Under 20	Yvette Cotton	10.44m	89/90
Open	Elizabeth Cotton	11.23m	90/91
Vet 28-34			
Vet 35+	Helen Searle	12.59m	93/94

High Jump

Under 12	Megan Cotton	1.35m	87/88
Under 13	Beth Chilcott	1.51m	06/07
Under 14	Alexandra Church	1.72m	97/98
Under 15	Alexandra Church	1.74m	98/99
Under 16	Alexandra Church	1.74m	99/00
Under 18	Alexandra Church	1.82m	01/02
Under 20	Megan Cotton	1.49m	93/94
Open	Alexandra Church	1.82m	01/02
Vet 28-34			
Vet 35+	Margaret Chappell	1.35m	90/91

Discus

Under 12	Maddy Bergfield	25.68m	07/08
Under 13	Kimberley Lowe	31.46m	06/07
Under 14	Cassie Hewitt	39.59m	06/07
Under 15	Cassie Hewitt	35.53m	07/08
Under 16	Megan Cotton	30.20m	91/92
Under 18	Laura Cornford	36.85m	04/05
Under 20	Nicola Jones	33.28m	04/05
Open	Nicola Jones	37.30m	04/05
Vet 28-34			
Vet 35+	Helen Searle	30.64m	94/95

Long Jump

Under 12	Janet Gault	4.69m	89/90
Under 13	Janet Gault	4.96m	90/91
Under 14	Shannon Arnott	4.73m	00/01
Under 15	Megan Cotton	5.44m	90/91
Under 16	Megan Cotton	5.66m	90/91
Under 18	Vicky Piggin	5.89m	92/93
Under 20	Vicky Piggin	6.20m	94/95
Open	Vicky Piggin	6.36m	97/98
Vet 28-34			
Vet 35+	Margaret Chappell	4.72m	90/91

Javelin

Under 12	Margaret Gault	19.50m	91/92
Under 13	Elizabeth Cotton	22.03m	88/89
Under 14	Cassie Hewitt	31.84m	06/07
Under 15	Cassie Hewitt	30.28m	07/08
Under 16	Laura Cornford	41.21m	03/04
Under 18	Laura Cornford	45.52m	04/05
Under 20	Elizabeth Cotton	40.32m	94/95
Open	Mary Thomas	46.98m	82/83
Vet 28-34			
Vet 35+	Mary Thomas	46.98m	82/83

Triple Jump

Under 12	Elizabeth Cotton	8.70m	87/88
Under 13	Janet Gault	10.40m	90/91
Under 14	Christine Nettle	10.06m	89/90
Under 15	Gunilla Rupp	10.82m	85/86
Under 16	Megan Cotton	11.12m	90/91
Under 18	Kate Harvey	11.30m	91/92
Under 20	Christine Gosling	10.68m	91/92
Open	Kate Harvey	11.30m	91/92
Vet 28-34			
Vet 35+	Margaret Chappell	10.22m	89/90

Hammer

Under 12	Margaret Gault	15.54m	91/92
Under 13	Kimberley Lowe	20.39m	06/07
Under 14	Suzy Della-Porta	13.08m	91/92
Under 15	Megan Cotton	20.16m	90/91
Under 16	Olivia McConnell	26.22m	06/07
Under 18	Joanne Capper	33.10m	83/84
Under 20	Joanne Capper	34.06m	84/85
Open	Joanne Capper	44.54m	89/90
Vet 28-34			
Vet 35+	Helen Searle	44.00m	96/97

Multi-Events

Under 14	Elizabeth Cotton	3679 pts	89/90
Under 15	Megan Cotton	4265 pts	90/91
Under 16	Megan Cotton	4719 pts	90/91
Under 18	Tara Millgate	4271 pts	01/02
Under 20	Megan Cotton	4239 pts	93/94
Vet 35+	Sue Gore	1873 pts	07/08

Pole Vault

Under 18	Elizabeth Cotton	1.80m	93/94
Under 20	Elizabeth Cotton	1.88m	94/95
Open	Elizabeth Cotton	1.88m	94/95

Weight Pentathlon

Vet 60-64	Helen Searle	5117 pts	99/00
Vet 65-69	Helen Searle	5027 pts	01/02

SENIORS REPORT

RYDE ATHLETICS CENTRE - SENIORS DIVISION

CENTRE RECORDS 2007/2008

FEMALES

<u>100 Metres</u>			
Under 12	Lisa Farmer	13.9	1992
Under 13	Rachael Massey	13.4	1988
Under 14	Rachael Massey	13.1	1989
	Jamie Casaclang	13.1	2002
Under 15	Rachael Massey	12.8	1990
Under 16	Jamie Casaclang	12.3	2004
Under 18	Rachael Massey	12.1	1992
Under 20	Vicky Piggin	12.1	1994
Open	Rachael Massey	11.8	1996
Vet	Sharon Aldridge	13.2	1996

<u>200 Metres</u>			
Under 12	Lisa Farmer	30.0	1993
Under 13	Jamie Casaclang	27.1	2001
Under 14	Rachael Massey	27.8	1989
Under 15	Rachael Massey	26.6	1990
Under 16	Rachael Massey	25.8	1991
Under 18	Rachael Massey	25.9	1992
Under 20	Vicky Piggin	26.3	1994
Open	Rachael Massey	25.5	1996
Vet	Sharon Aldridge	27.9	1993

<u>400 Metres</u>			
Under 12	Lisa Farmer	72.9	1992
Under 13	Tara Vance	64.5	2006
Under 14	Jamie Casaclang	63.0	2002
Under 15	Megan Cotton	66.5	1990
Under 16	Tara Millgate	60.4	2000
Under 18	Tara Millgate	59.4	2002
Under 20	Vicky Piggin	62.2	1994
Open	Tara Millgate	59.4	2002
Vet	Margaret Chappell	68.3	1992

<u>800 Metres</u>			
Under 12	Megan Cotton	2.33.0	1987
Under 13	Jamie Casaclang	2.35.4	2001
Under 14	Tara Vance	2.34.4	2007
Under 15	Shannon Arnett	2.32.5	2001
Under 16	Yvette Cotton	2.34.5	1986
Under 18	Tara Millgate	2.20.6	2001
Under 20	Tara Millgate	2.30.5	2003
Open	Tara Millgate	2.20.6	2001
Vet	Sue Gore	2.52.9	2007

MALES

<u>100 Metres</u>			
Under 12	Steven Ryan	14.3	1989
Under 13	Gareth Smith	13.2	1993
Under 14	Nikita Marokakis	12.5	2002
Under 15	Brian Chappell	11.9	1994
Under 16	John Pearce	11.4	2006
Under 18	Craig Birdsall	11.3	2000
Under 20	Glen McCarthy	11.1	1988
Open	Brian Chin	11.2	1996
Vet	Carl Casaclang	11.9	2002

<u>200 Metres</u>			
Under 12	David Forster	29.7	1982
Under 13	John Pearce	28.4	2003
Under 14	Ian Pereira	26.1	1984
Under 15	Brian Chappell	24.5	1994
Under 16	Sean Brennan	25.1	1983
Under 18	Ian Pereira	23.0	1988
Under 20	Glen McCarthy	22.4	1988
Open	Glen McCarthy	22.4	1988
Vet	Carl Casaclang	24.6	2001

<u>400 Metres</u>			
Under 12	Patrick Kelland	69.5	2006
Under 13	David Forster	64.7	1983
Under 14	David Forster	60.9	1984
Under 15	Brian Chappell	55.5	1994
Under 16	Damian Petrovic	55.6	2004
Under 18	Craig Birdsall	53.5	2000
Under 20	Wei Liak	56.4	2006
Open	Craig Birdsall	53.5	2000
Vet	Greg Boyce	54.1	2006

<u>800 Metres</u>			
Under 12	Will Devjak	2.28.2	1994
Under 13	Peter Cotton	2.28.2	1986
Under 14	Michael Jones	2.18.5	1987
Under 15	Kevin Laws	2.11.8	1985
Under 16	Tasman Cassim	2.17.1	1987
Under 18	Scott Collins	2.17.4	1994
Under 20	Craig Birdsall	3.06.2	2001
Open	Will Devjak	2.01.8	2003
Vet	Greg Boyce	2.04.8	2005

SENIORS REPORT

RYDE ATHLETICS CENTRE - SENIORS DIVISION

CENTRE RECORDS 2007/2008

FEMALES

1500 Metres

Under 12	Megan Cotton	5.21.6	1987
Under 13	Emmica Burnell-Jones	6.02.5	2004
Under 14	Larissa West	5.38.6	1990
Under 15	Lucy Polkinghorne	5.17.4	2000
Under 16	Jessie O'Byrne	5.20.7	2006
Under 18	Marisa Ryan	5.37.5	2000
Under 20	Katie Jameson	5.16.2	2006
Open	Katie Jameson	5.16.2	2006
Vet	Margaret Chappell	6.22.2	1991

1500m Walk

Under 12	Natalie Cummings	8.14.5	1985
Under 13	Natalie Cummings	8.42.6	1986
Under 14	Jeannie Davis	10.06.0	1982
Under 15	Carolyn Little	8.02.8	1991
Under 16	Yvette Cotton	8.22.0	1986
Under 18	Sharon Cummings	7.32.6	1986
Under 20	Yvette Cotton	8.16.4	1990
Open	Carolyn Little	8.02.8	1991
Vet	Sue Gore	10.15.8	2007

80m Hurdles

Under 12	Elizabeth Cotton	15.1	1987
Under 13	Elizabeth Cotton	14.5	1988
Under 14	Margaret Hamilton	13.7	1982
Vet	Roslyn Mitchell	15.9	1986

90m Hurdles

Under 15	Jenny Horsfield	15.9	1984
Under 16	Margaret Hamilton	14.8	1984

100m Hurdles

Under 18	Kate Harvey	15.2	1991
Under 20	Kate Harvey	15.2	1991
Open	Kate Harvey	15.2	1991

MALES

1500 Metres

Under 12	Patrick Kelland	5.22.3	2006
Under 13	Will Devjak	4.57.0	1993
Under 14	Peter Cotton	4.55.7	1987
Under 15	Chris Mills	4.44.6	1987
Under 16	Tasman Cassim	4.45.9	1987
Under 18	Will Devjak	4.17.4	2000
Under 20	Will Devjak	4.16.7	2002
Open	Will Devjak	4.16.7	2002
Vet	Paul Sampson	4.43.5	2002

1500m Walk

Under 12	Peter Cotton	9.25.0	1985
Under 13	Grant Mitchell	9.26.0	1985
Under 14	Michael Cooper	10.35.1	1988
Under 15	Christian Millgate	8.03.0	2005
Under 16	Aron Warren	8.34.5	2001
Under 18	Chris Archer	11.31.0	1986
Under 20	Braden Atkinson-Howatt	12.59.8	2005
Open	Graham Walsh	6.59.6	1991
Vet	Graham Walsh	7.14.5	1992

80m Hurdles

Under 12	Peter Cotton	16.1	1985
	Brian Chappell	16.1	1991
Under 13	Adam Hoey	13.7	1991

90m Hurdles

Under 14	David Forster	15.4	1984
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100m Hurdles

Under 18	Chris Butt	15.7	1983
Under 20	Warren Gray	15.5	1983

110m Hurdles

Open	Ken Smith	19.6	1991
Vet	Ken Smith	19.6	1991

SENIORS REPORT

RYDE ATHLETICS CENTRE - SENIORS DIVISION

CENTRE RECORDS 2007/2008

FEMALES

Javelin

Under 12	Margaret Gault	19.50	1992
Under 13	Elizabeth Cotton	22.03	1988
Under 14	Julia Parker	28.94	2007
Under 15	Cassie Hewitt	28.54	2007
Under 16	Laura Cornford	36.81	2003
Under 18	Elizabeth Cotton	30.18	1992
Under 20	Elizabeth Cotton	32.08	1994
Open	Laura Cornford	36.81	2003
Vet	Helen Searle	22.38	1991

Discus

Under 12	Cassie Hewitt	20.70	2005
Under 13	Cassie Hewitt	28.59	2006
Under 14	Yvette Cotton	26.44	1984
Under 15	Megan Cotton	27.74	1990
Under 16	Megan Cotton	30.20	1991
Under 18	Laura Cornford	28.12	2004
Under 20	Nicola Jones	33.28	2004
Open	Nicola Jones	33.28	2004
Vet	Helen Searle	26.82	1991

Shot Put

Under 12	Maddy Bergfield	7.86	2007
Under 13	Megan Cotton	8.97	1988
Under 14	Melissa Moscato	9.34	2000
Under 15	Elizabeth Cotton	9.41	1990
Under 16	Tina Brown	9.69	1982
Under 18	Yvette Cotton	8.99	1987
Under 20	Ruth Fyfe	9.70	1984
Open	Ruth Fyfe	9.70	1984
Vet	Helen Searle	10.46	1991

Hammer

Under 12	Margaret Gault	15.54	1991
Under 13	Kimberley Lowe	20.39	2006
Under 14	Alyssa Ross	11.48	2004
Under 15	Juliana de Candia	16.84	1991
Under 16	Olivia McConnell	25.26	2006
Under 18	Joan Capper	27.56	1983
Under 20	Joan Capper	31.96	1984
Open	Joan Capper	31.96	1984
Vet	Narelle Page	20.64	1991

MALES

Javelin

Under 12	Peter Cotton	21.16	1985
Under 13	Gareth Smith	23.36	1993
Under 14	David Forster	33.06	1984
Under 15	Brian Chappell	34.22	1994
Under 16	Glen McCarthy	32.60	1985
Under 18	Lloyd Parker	46.12	2007
Under 20	Brent Page	37.36	1992
Open	Andrew Atkinson-Howatt	43.50	2001
Vet	Andrew Atkinson-Howatt	43.50	2001

Discus

Under 12	David Massey	21.78	1988
Under 13	Peter Cotton	25.50	1986
Under 14	David Forster	30.84	1984
Under 15	Mua Morris	41.23	2003
Under 16	Sean Brennan	40.56	1983
Under 18	Sean Brennan	29.84	1984
Under 20	Brent Page	33.60	1992
Open	Darren Wilson	36.82	1992
Vet	Andrew Atkinson-Howatt	35.87	2006

Shot Put

Under 12	David Forster	7.80	1982
Under 13	David Forster	8.83	1983
Under 14	Mua Morris	10.68	2002
Under 15	Craig Sanders	11.73	1984
Under 16	David Forster	11.66	1986
Under 18	Geoff Davies	12.15	1991
Under 20	Brent Page	11.33	1993
Open	Darren Wilson	11.96	1992
Vet	Andrew Atkinson-Howatt	10.77	2007

Hammer

Under 12	Patrick Kelland	16.27	2006
Under 13	David Page	17.92	1991
Under 14	Mua Morris	23.39	2002
Under 15	Lloyd Parker	24.14	2006
Under 16	Steve Capper	28.40	1983
Under 18	Steve Capper	36.78	1984
Under 20	Andrew Jackson	27.52	1990
Open	Andrew Atkinson-Howatt	29.63	2006
Vet	Andrew Atkinson-Howatt	29.63	2006

SENIORS REPORT

RYDE ATHLETICS CENTRE - SENIORS DIVISION

CENTRE RECORDS 2007/2008

FEMALES

<u>High Jump</u>			
Under 12	Margaret Gault	1.25	1991
Under 13	Beth Chilcott	1.42	2006
Under 14	Megan Cotton	1.45	1989
Under 15	Christine Nettle	1.55	1990
Under 16	Christine Nettle	1.45	1991
Under 18	Karina Longshaw	1.50	1987
	Sharon McConkey	1.50	1990
Under 20	Christine Gosling	1.47	1992
Open	Christine Nettle	1.55	1990
Vet	Margaret Chappell	1.35	1990

<u>Long Jump</u>			
Under 12	Megan Cotton	4.11	1987
Under 13	Janet Gault	4.66	1990
Under 14	Janet Gault	4.65	1991
Under 15	Megan Cotton	5.10	1990
Under 16	Bridget Oakley	5.18	2004
Under 18	Kate Harvey	4.95	1991
Under 20	Vicky Pigginn	5.85	1994
Open	Vicky Pigginn	5.85	1994
Vet	Sharon Aldridge	4.37	1994

<u>Triple Jump</u>			
Under 12	Cassie Hewitt	8.76	2005
Under 13	Janet Gault	10.04	1990
Under 14	Christine Nettle	10.06	1989
Under 15	Shannon Arnott	10.11	2001
Under 16	Megan Cotton	10.21	1991
Under 18	Kate Harvey	10.90	1991
Under 20	Rasvinder Gill	10.66	2003
Open	Kate Harvey	10.90	1991
Vet	Margaret Chappell	9.91	1990

<u>Pole Vault</u>			
Under 12			
Under 13			
Under 14			
Under 15			
Under 16			
Under 18	Elizabeth Cotton	1.85	1993
Under 20	Elizabeth Cotton	1.88	1994
Open	Elizabeth Cotton	1.88	1994
Vet	Margaret Chappell	1.65	1993

MALES

<u>High Jump</u>			
Under 12	David Massey	1.32	1988
Under 13	Peter Cotton	1.47	1986
Under 14	Nikita Marokakis	1.58	2002
Under 15	Rory Tarnow-Mordi	1.65	2006
Under 16	Clinton McEwan	1.70	2006
Under 18	Michael Dunne	1.67	2000
	Craig Birdsall	1.67	2000
Under 20	Glen McCarthy	1.67	1989
Open	Andrew Jackson	1.75	1994
Vet	Peter Collins	1.60	1993

<u>Long Jump</u>			
Under 12	David Massey	4.74	1988
Under 13	David Massey	4.91	1989
Under 14	Nikita Marokakis	5.26	2002
Under 15	Brian Chappell	5.57	1994
Under 16	John Pearce	6.15	2006
Under 18	Geoff Davies	6.30	1991
Under 20	Brent Page	6.38	1993
Open	Andrew Jackson	6.41	1994
Vet	Peter Collins	5.47	1993

<u>Triple Jump</u>			
Under 12	Brian Chappell	9.03	1991
Under 13	Len Pearce	11.14	2003
Under 14	Antonio Morris	10.99	2003
Under 15	Glen McCarthy	11.65	1984
Under 16	Brent Page	12.43	1990
Under 18	Len Pearce	13.17	2007
Under 20	Brent Page	13.03	1993
Open	Len Pearce	13.17	2007
Vet	Peter Collins	11.78	1993

<u>Pole Vault</u>			
Under 12			
Under 13	Gareth Smith	1.30	1993
Under 14	Brian Chappell	1.85	1993
Under 15	Brian Chappell	2.00	1994
Under 16	Brian Chappell	2.14	1995
Under 18	Brian Chappell	2.00	1996
Under 20	Brendan Mills	2.80	1993
Open	Brendan Mills	2.80	1994
Vet	Ray Brookes	2.80	1997